



COMME des GARÇONS SHIRT



feels



about the issue.

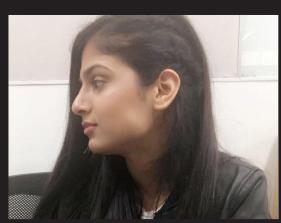
UnderMag presents itself with their first-ever issue "feels" that revolves around the whirlpool of emotions that the current generation, the millennials, go through every second of everyday of their lives. Taking you through our journey of life as a young adult and its motion, we've put our heart and soul in the making of this issue. It's all in there - love, fear, rebellion, calm - in all its true form. We're as thrilled as we can be, and we hope that through "feels", you're able to feel what we feel, as a 20-something-year-old in the 2010s.





from the e





SHIRIN RAJPUT

A radical blend of the new generation and what they go through on a regular basis is what we're showing you in this magazine. The characters that we're taking are real people, who are just like you and me, going through life with all its punches.

ANJALI SONI

We're trying to put forth the free-spririted nature that the entire generation has got. The magazine has a very distinct vibe to it - it's edgy and it's rebellious. It's all about the way we live our life, the things we feel, the challenges we face, and the rules we break. It's a magazine for the misfits, by the misfits.

ditors.

VISHAKHA SINGH

It's all about the millenials, how they are altering the way the world percieves its surroundings.

Overwhelming emotions that they deal with on a daily basis - it's like a rollercoaster ride that just won't end. With all its ups and downs, life makes us who we are, unflitered.



ABHIJIT GOHAIN

The magazine is about being relatable to the young, and not trying to stay relatable. It's a hotpot of youth, culture, individuality and contemporary art. A magazine about not trying to fit in, and standing out, unapologetically.



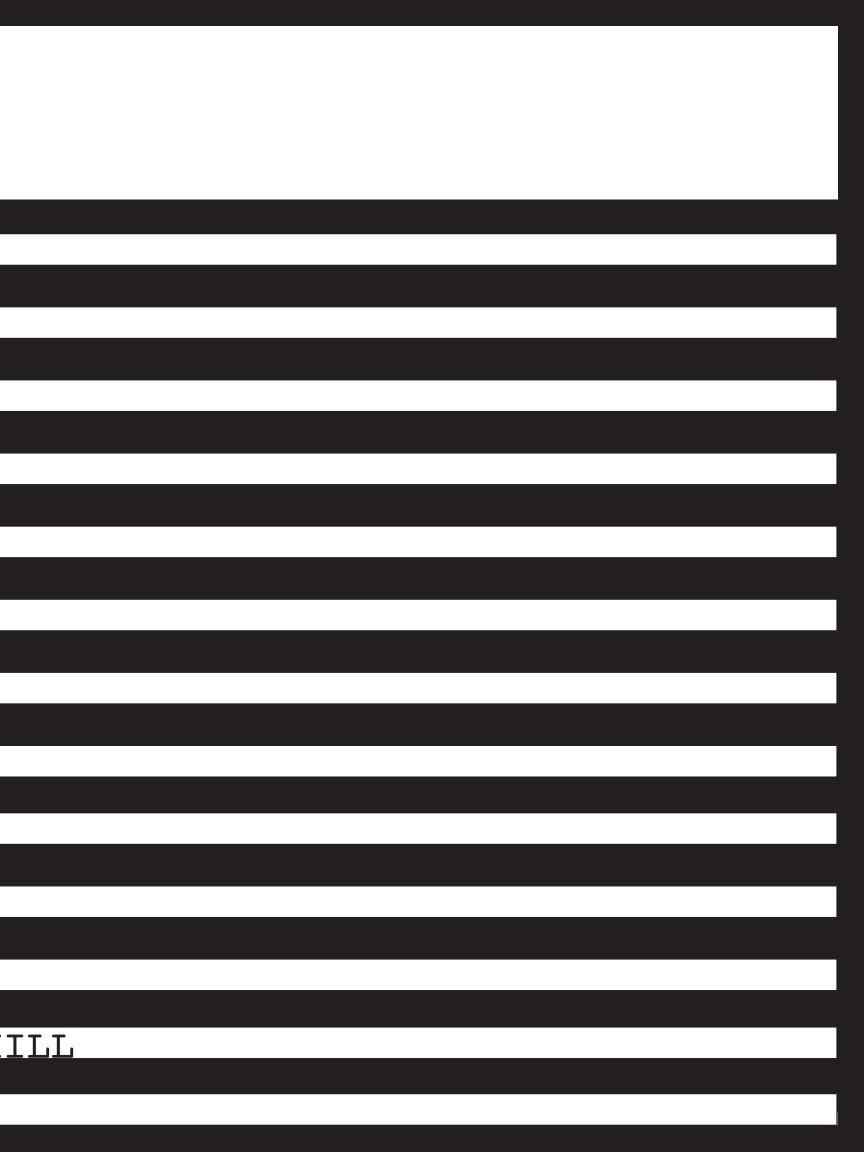




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LOVE MADE ME DO I

MAYANK JOSHI,24 ,STUDENT, LAW FACULTY DU

Q. What is love for you? A Love for me is selfless and genuine, it doesn't require you to be anything but yourself. Q. How important is it for you to love what you do? A Whether its a career or a relationship, i invest myself thoroughly into it, and the investment is driven solely by passion, without it it would be meaningless. Q. How does studying in Law faculty DU inspire you? A College makes me look at life in a bigger picture, it guides me and makes me want to achieve more.



CANATO JIMO, 21, STUDENT , GRAPHIC DESIGN NID

Q. What is love for you? A Music, it has no boundaries, it helps me in find my inner self without any judgements. Q. How important is it for you to love what you do? A In the creative side of the world, your skill is born out of the passion that you have within you, so without it its all hollow. Q. How does studying in NID inspire you? A The legacy, culture of NID inspires me everyday, it challenges me to live up to its heritage.



VIKAYA SINGH, 24, ALUMNI OF SYMBIOSIS LAW SCHOOL, PUNE

Q. What is love for you? A. Love for me is destressing and utmost happiness Q.

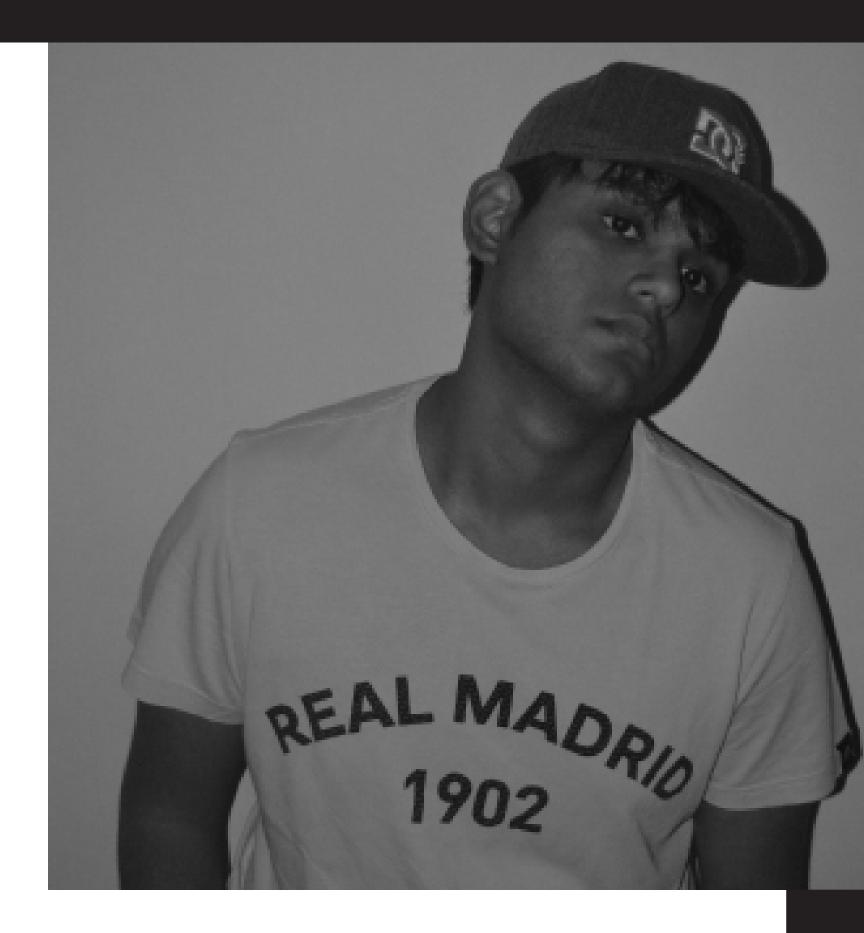
How important is it for you to love what you do? A. My interest in it would

die out sooner or later if i didn't love what i do Q. How does studying in Law

School inspire you? A. Living away from home, symbiosis made me respect my

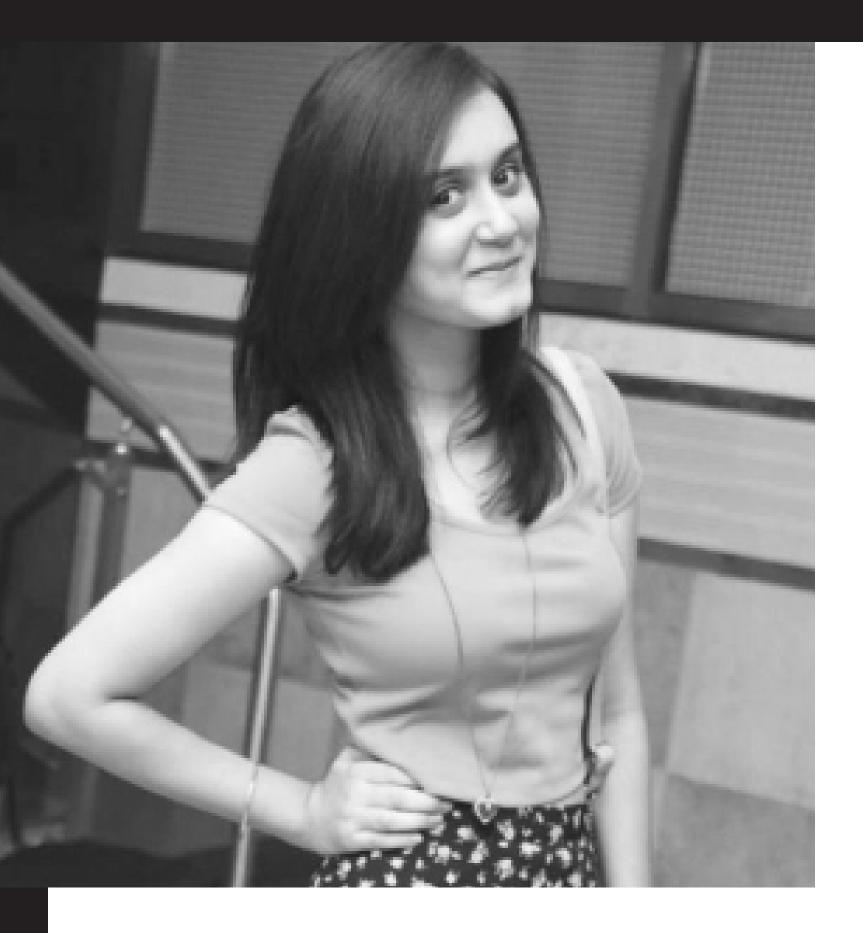
independence and inspired me to be more accepting to different personalities and

culture.



AMARTYA SINGH, 18, STUDENT, DELHI UNIVERSITY

Q. What is love for you? A. Love for me is telepathic and omnipresent. Anything and everything that comes naturally to me. Q. How important is it for you to love what you do? A. If you dont love what you do, you will never be inspired enough to create the magic that you're supposed to. Q. How does studying in DU inspire you? A. it is highly fascinating to see people with extreme perspectives blend in, its almost like I'm growing with the diversity.



ARUSHI BAJAJ,21 STUDENT, JAI HIND COLLEGE

Q. What is love for you? A. Love for me is anything inspirational, something that makes me grow as a person. Q. How important is it for you to love what you do? A. I have done my undergraduate in a stream that didn't interest me as much and i suffered a lot because of that. So trust me it is essential for you to love what you do because otherwise its a struggle. Q. How does studying in Law faculty Jai Hind College inspire you? A. It has in many ways, but mainly as it was a constant reminder to what my real goal was.

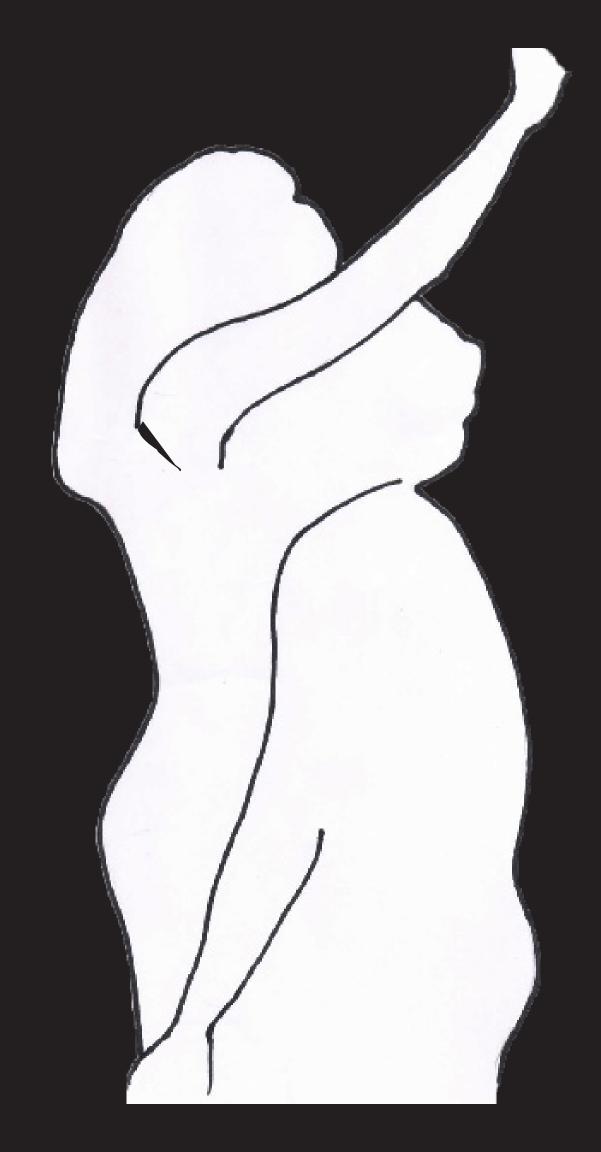
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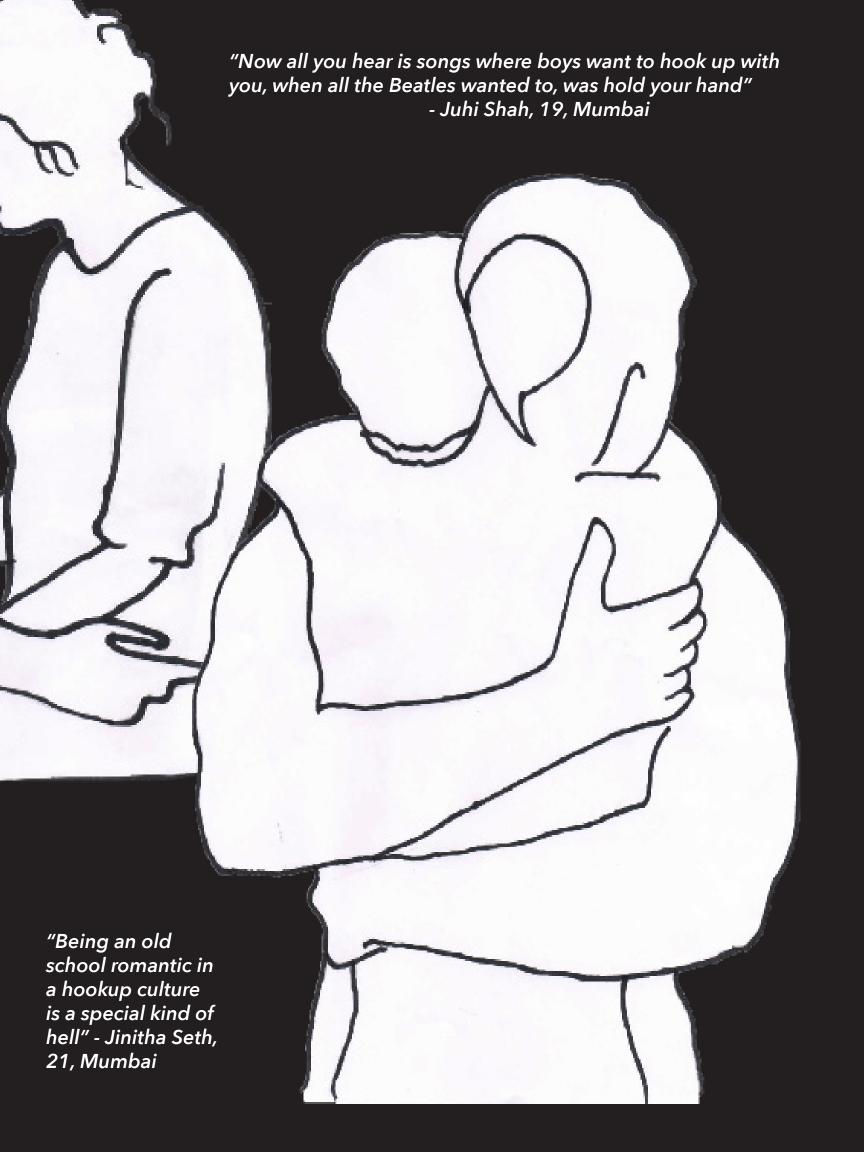
The Hookup Culture

CONCEPT BY VISHAKHA SINGH | TEXT BY VISHAKHA SINGH | CREATED BY VISHAKHA SINGH

The term hookup has no fixed connotations to it, it refers to anything between a simple kiss to sex between individuals who are in look out to fulfill their sexual desires. The millenials today are defying all the rules of the traditional dating style, the decline in dating culture finds its roots from its complexity. The youth is now preferring casual sex to meet their needs over monogamous long term relationships. This shift in preference is due to the adding pressure that the generation currently faces. Even though the experience is short lived, for most of the young adults it is highly satisfying and is almost like an adventure which entitles them with a 'cool' tag. While avoiding conversations and not wanting to make relationships their priority, hooking up with someone seems to be a positive alternative for them.







Cooking up a Storm

- By Vishakha Singh

Whilst the world continues to function in its stereotypical manner, a young chef, is breaking norms by exploring his love for food through backpacking countries that inspire his passion for cooking.

While we're constantly battling one another in the contest of being 'unique' it's almost rare to find a desire that truly is ours, the one that comes naturally to us. In this never ending race of being different, a 21 year old chef, Mann Bijlani, hailing from mumbai, is trying to break the system and its norms by following what he truly is passionate about, without judging the desire's exclusivity/rarity. After attaining his graduate degree in hotel management, as his promise to his mother, the young chef whose heart and soul lies within food, decided to impromptly backpack across South East Asia to explore and experience the countries through their exotic local food. From living on a fixed budget to staying over at local hostels with people of different nationalities, Manns journey was full of risks and hurdles but that didn't alter his appreciation towards the flavours of the picturesque countries. We had a tetea-tete with him in which he gives us all the adrenaline rushing details about his passion driven trip, read and get inspired.



















PHOTOS BY MANN BIJLAN



Q. Going backpacking is almost a dream of all, you really did it, how does it feel? Was it on your checklist?

A: Yeah I did, but it was only for 18 days. It was and still is on my checklist. I've known people who backpack for two years straight. It's almost an addiction. It feels truly amazing.



Q. Tell us about your itinerary

A: I booked a one way ticket from Bangkok to the north of Vietnam and a one way ticket from the south of Vietnam to Malaysia two weeks later. So I spent 24 hours in Bangkok, two weeks in Vietnam where I had to figure out a way to get from North to South within those 14 days and experience as much as possible. And I finally spent two days living in the Chinatown of Kuala Lumpur.



Q. Following your passion for traveling whilst being a student can be tough, did you face any such troubles?

A: I actually went just after graduating, you could say it was a graduation trip though it was way more than just that. It's tough because there's no active income. Tougher for a budding chef because hospitality doesn't pay much in the early years. Personal troubles would be that I had never lived alone, I was mostly an introvert and hadn't travelled enough before to be seasoned enough to do it. But they were minor hurdles compared to the experience of it all.



Q. Why specifically these countries? Any specific interest in their culture/cuisine?

A:First of all, they're all super cheap. I like exploring the lesser known places. Vietnam was one of them. It worked out much cheaper to take a flight from India to Bangkok and then Vietnam and the same for Malaysia. My Bangkok to Hanoi flight was only 3000 Rs and Saigon to Kuala Lumpur 4000 with added baggage costs on Air Asia. My reason for Vietnam was that I'd wanted to visit since two years but it never happened. I worked for a Vietnamese American Chef too and that just made me more restless about wanting to go there. The food is unlike any I've ever had, similar ingredients to Thai food but different cleaner flavours and completely different dishes all together. The plan was also to write about Vietnam and do India's first Vietnamese pop up and make back some of the expenses which I did.

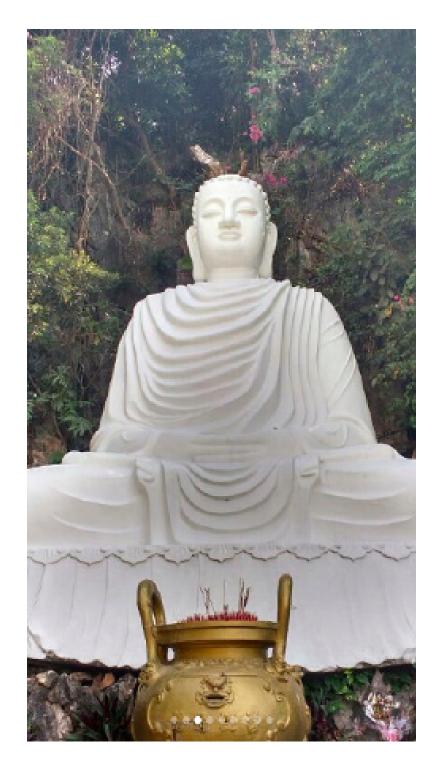
Q. How did your experience differ with each of these countries?

A: It's so hard to say with just this trip because I spent so little time in the ones apart from Vietnam. I did go to Bangkok for 2 months after that and in comparison it's more civilised and gentrified compared to the rest. Malaysia had way more Indians than I anticipated but staying in a Chinatown will always be a memory. Vietnam was one I truly explored all over. Each stop was different and unique. It was how I imagined south east Asia to be.

Q. Throughout your trip you stayed at local hostels, how was it like living with people of various nationalities?

A - For the first half of my trip people thought I was either french or Spanish and they'd start a conversation in one of those languages. Once I tanned on a beach a bit that problem didn't occur anymore. People aren't as racist as you would believe though. I made friends from all over the world, some I'm in touch with and who have helped me in strange ways. Meeting those people pushed out the introvert side and made me less anxious. I also realised there's misconceptions to what an Indian is in the way of behaviour and speech and I was always told they wouldn't guess I was Indian because I spoke English so well. That was a big eye opener.







Q. As a chef/cook is traveling the best way to learn and grow?

A: It definitely is. Especially backpacking. It's the most raw, no frills way to travel. Learning about and tasting foods from a particular place creates a palate memory. Even if you don't manage to steal a recipe and try to create something of your own, you know what you want it to taste like and have something to work with.

8. Your love for food is the driving factor to your travel, tell us about the food that you enjoyed the most through your journey

Q. Your love for food is the driving factor to your travel, tell us about the food that you enjoyed the most through your journey

A: My love for food but also my love for travel. Goes hand in hand. Thai food was great. Malaysian had heavy Indian influence. Vietnamese was distinct. Since I travelled north to south, I ate accordingly. I tried Bun Cha originating in Hanoi, Bun Bo Hue from the imperial city of Hue, Saigonese Pho- a take on the most

popular dish- Pho but in Saigon style in the south of Vietnam.

Q. A dish that was the highlight of your visit?

A: Bo La Lot- Beef mince wrapped in Betel Leaves, grilled over charcoal and usually garnished with crushed peanuts. It made me look at our humble paan so differently. And it's a dish I reinvented at the Vietnamese pop up dinner I did in Mumbai.

Q. Did you make any impromptu visits in any of these countries?

A: My whole trip was impromptu. Only the plane tickets were booked and visas taken. And a list in hand of the best places to eat and visit if time permitted. The places I stayed, the time I spent in those places and the experiences were all spontaneous. I just knew I had 2 weeks to reach Saigon and I had to make the best of it.



him for 3 days just to stick to the backpacker budget.

Q. Did this trip alter you as a person/ any fear that it helped you overcome?

A: Every trip has altered me. This trip showed me how to adult, travel on my own, be comfortable in my own skin, be less socially anxious, more open minded, befriend anyone but more importantly taught me Another reasonable place to visit. I've already done countries close to home and the fact that this one is so far from home makes it all the more adventurous.

to just experience and live life as it comes.

Q. Next destination?

A: Peru is on the list. Peruvian-Japanese food called Nikkei is just hitting the world map but the lesser known Peruvian Chinese called



"Don't overthink. Live in the moment and experience everything"

Q. An advice for newbie backpackers

A: Be spontaneous. Expect nothing. Prepare for the worst. Travel light. Go with the flow. Know your limits, respect another's culture, be adaptable to people and circumstances. Don't overthink. Live in the moment and experience everything. If you're just starting out, you'll hit a few hurdles but travel through backpacking is one of the most valuable investments you'd be making of your life.

Q. A memorable instance from the trip that you would find yourself taking about for years?

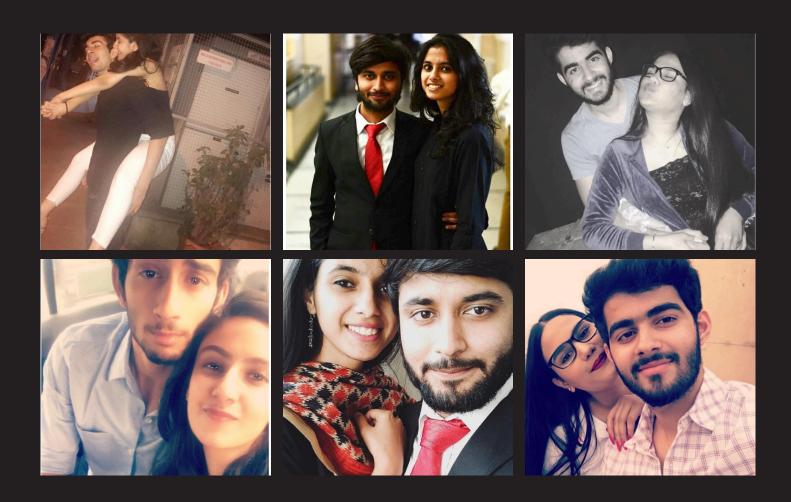
A: The fact that I happened to bump into a 55 year old German man travelling on his unemployment budget illegally- befriending him in a bus ride and eventually even living in the same room as

Chifa still isn't. The Peruvian capital- Lima is the food capital for the whole of South America. Almost the New York of the south in a way.

We love e-Love

-By Anjali Soni

In the age of tinder, grindr and other apps where love is just a swipe away, it is often believed that the concept of a deeper and meaningful connection is lost when it comes down to what the millennials want. The overuse of terms like 'ghosting', 'f*ckboys' and 'side chicks' hints strongly at major commitment issues that we're associated with. With the immense popularity of hook-ups and one-night-stands in the current zeitgeist, is it true that we're a generation that is just not looking for something serious?



Akash Verma, 21 yrs and Riya Singh. 21 yrs Type of Relationship, Relationship Duration

Description of their relationship

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"I just want people to know that young love is not dumb love. It may not last forever, but that doesn't mean that it isn't real." -Akash Verma, 21yrs

Perceived as a group of f*ck-ups and misfits, indifference seems to be a strong trait that the the millennials are identified with. Call it a generation gap or blatant ignorance, but when it comes to the Gen Y/Z, the notion of us wanting to do anything seriously is brutally rebuffed. No, we're all about the casual - be it work, play, family, friends or love. Love, oh, love. It happens once in a lifetime, it is only the lucky ones who find true love. A concept so deep and so pure. A concept that apparently just doesn't exist in the now. "Millennials don't know love, it's all reckless behaviour", we hear time and again.

It isn't that the love is gone, the only difference is that in the age of social media, people tell everyone everything - the good, the bad, and the ugly. Passion is hard to find and we're just communicative about our struggles. However rare it may seem, meaningful connections can also be made in today's time. "I know that being in a serious relationship isn't a popular opinion, but people looking for commitment do exist. I'd know 'cause I'm one of them!" says Akash Verma who's in an ongoing relationship for more than two years. "I love being in a

serious relationship, and we're going on really strong. I'm often told that I need to be practical and not get my hopes up, but I just want people to know that young love is not dumb love. It may not last forever, but that doesn't reduce its realness". While some have to bear with people trivialising their feelings, others face the struggle of electronic lies in their search of passion. "The number of relationships I've broken off is unreal - all of them were classic f*ckboys. It was a dating nightmare. Until now, of course." says Shivani Roy who is currently in a relationship since six months. "I had my doubts at the start because the experiences I had were truly the worst. But, so far so good!"

Millennial love exists definitely, just differently. While it is true that for many of us, the priorities have seemed to change when it comes to relationships. But that does not mean that love has disappeared into thin air in the 2010s. What's new is the way we express our affection, but the crux of it all still remains the same. Because, at the end of the day, everyone wants someone to have and to hold, even the ice-cold, nonchalant millennials.

MO Naga

-By Abhijit Gohain

Reviving one Indigenous tribal tattoo art at a time.

Moranngam Khaling or widely known as MO, is a revivalist and historian working with the aim to bring about the Indian tribal tattoo renaissance. Mo from a young age knew he wasn't cut out for 9-5 job and had a strong inclination for art, design and nature. The constant search for identity led him to develop the personality of MO, meaning the first born and NAGA part came about later as it was synonymous to his work. In 2015 Mo Naga from Nagaland along with Manjeet Singh of Delhi and Abhinandan "Obi" Basu of Kolkata was were the only Indian Tattoo Artist to be featured in the prestigious World Atlas of Tattoo, a book featuring 100 noteworthy tattoo artists from around the world. It is published by Yale University Press.

The Nift Hyderabad alumni was in his first year of apparel design when he discovered his love for tattooing. His passion for tattoos turned into profession by the time he was a graduate. It was after this he discovered the rich tattoo tradition of India. The attachment of cultural identity to tattoos set him on his journey. Later during his studies he realised that not much was being done for traditional tattoos of India and they were vanishing rapidly. As not many scholars and researchers were documenting it he decided to take it upon himself to study, revive and promote the art form.

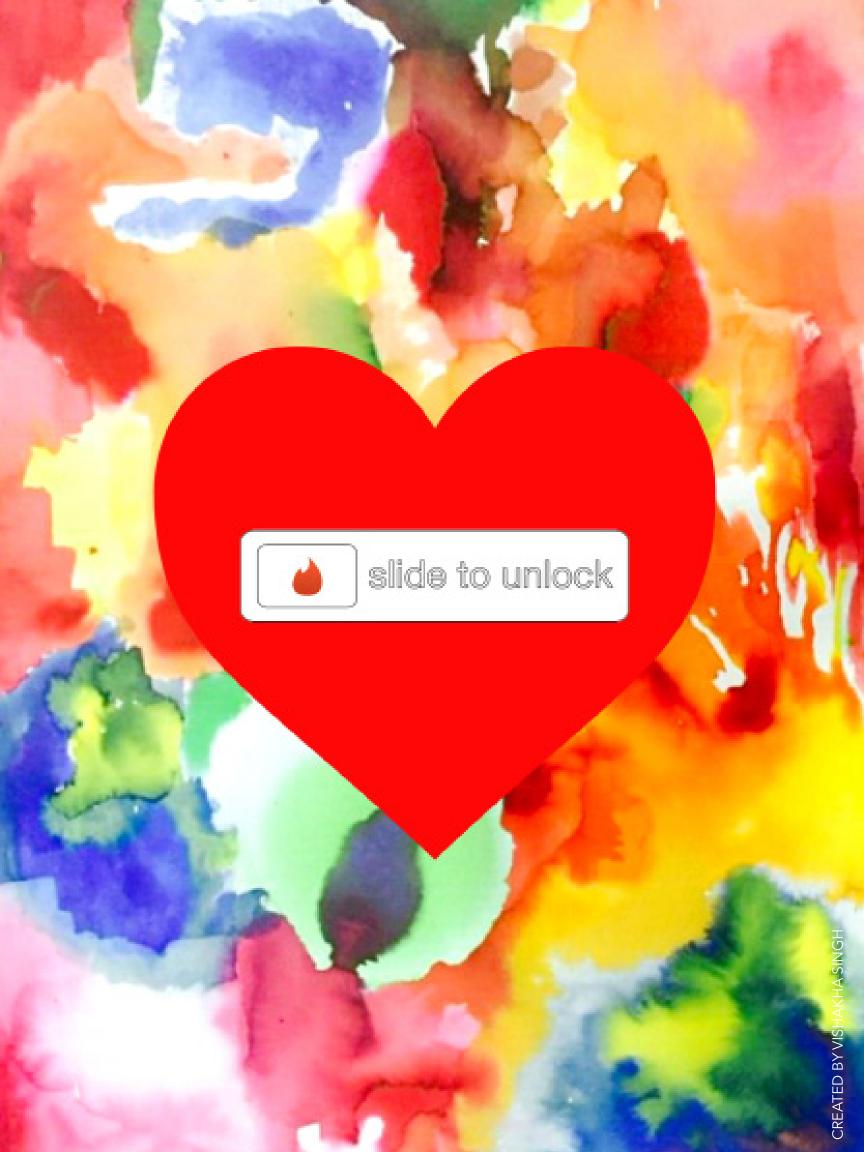




His first studio and a base, for reviving the tattoo culture of North-east was set up in Manipur called headhunters' ink. The second venture Godna gram in Shahpur Jat locality of South Delhi, is the only studio in India where certain percentage of the earning is dedicated to research and preservation of the tattoo culture of India. It is also a platform for indigenous artists to reach out to the world and vice-versa. His active involvement in the preservation and promotion of Indian lost tattoo traditions is an rarity in the indian tattoo circuit. He also collaborates with researchers and artists from all across the world who are studying the similar subject.

He says during extensive research of Naga tattoos he realised the significance they held in their society. They were originally meant to represent the achievements and aesthetics of a particular tribe. Thus making the original tattoo designs on outsiders would be a great disrespect to the naga people who rever these designs. While some of the original symbols can be given to non-naga people but most of the original artworks and symbols are reserved for the particular tribesman. He says " when we talk about promotion and preservation, we are also talking about protection. Protection from cultural appropriation.' So to avoid cultural appropriation and get around it he developed his own style Neo-Naga by collaborating new art forms with the original style. His clientele are mostly foreigners as they have been to Nagaland and know bit about their history, people who are aware of naga culture and appreciates the naga way of life and their aesthetics. There are no walk-ins . Sometimes they even book him 2-3 months in advance, even setting foot in India

The biggest hindrance for him is finance at the moment. The cultural ministry of India has recognised crafts, textiles & handlooms etc things needed to revived or saved . But sadly as tattoos aren't on the government's agenda which it makes it difficult for him to support his expensive research work needed to bring out dying/lost tattoo cultures across India. He hopes in the future the government starts appreciating tattoos as artwork that needs to be revived and preserved as well along with other art forms.



love me tinder

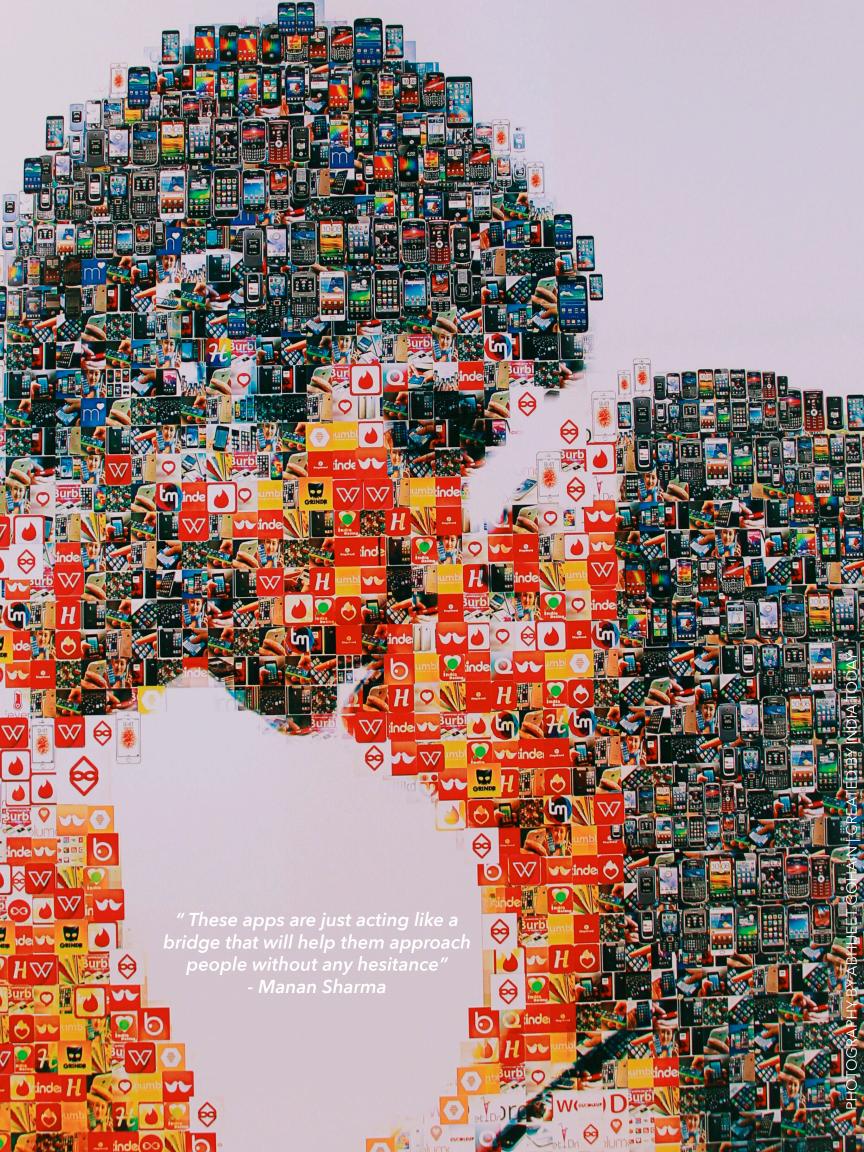
- By Vishakha Singh

Dating applications are the new Cupids, urging the cyber driven generation to find love and friendship, in a click of a button.

As millennials are failing to express themselves through the means of traditional communications they are now preferring to form bonds of love through the internet. Unlike the good old days 'dating' or being 'in a relationship has a variety of meaning to it today. With the ongoing cyber addiction we as millennials are ready to invest seriously to applications that help us find love. While apps like tinder have made our decision easy to execute one might question with where technology is further leading us. These apps thrive on the various insecurities that the current generation is facing. A boost of confidence to the ones seeking assurity of themselves, an introverts wonderland and a boon for the lonely. In a world that is ready to stop for no one, people with busy schedule rely on dating apps as it's more certain that their search will be fulfilled. While the information given of the user is minimal, its both tricky to judge the a

person by merely their 'bio' and on the other hand it suffices as it maintains the users privacy.

In today's world, everyone is so caught up with themselves that they often tend to get lost and fall prey to depression solely because of loneliness. Simplifying the act of interacting, the online dating world was simply the need of the hour, as 90% of our average communication is through our phones. Over the past few years online dating has achieved a critical amount of users thereby breaking the social norms. It has proved to be less taxing and intimidating when compared to the traditional style of dating in which we had to first meet a person physically and then go on to know about them, while on tinder you can chat and learn about the person before even having met him/her, it surely cuts down 'the treacherous' awkwardness of approaching someone who has sparked an interest in you.



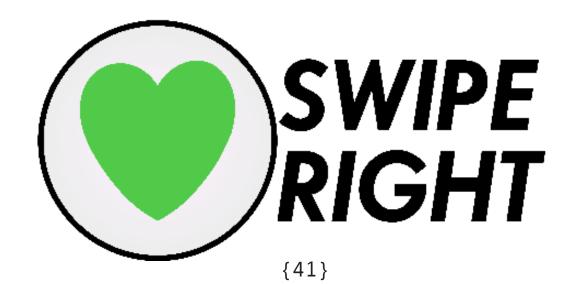
A 21- year- old student, Manan Sharma, who is an avid user of the app since the past five years, tells us that joining tinder was almost due to the band wagon effect, with India whole heartedly accepting the trends of the west it seemed only natural to see what the hype was about. He further explained why did this shift in dating style take place, according to him, the millenials today have not enough time to follow the tedious old school relationships, dating apps on the other hand, provides a platform for each and every single person to approach one another rather privately with minimal effort. Although judging a person through solely a paragraph long bio and six pictures can prove to be tricky, the application is versatile in many other ways, he said. On a daily basis, Sharma gets at least 3-4 matches out of which he ends up befriending almost all of them. "It's all about the reach, in a country like india people often tend to shy away from making a move on a person they find interesting, these apps are just acting like a bridge that will help them approach people without any hesitance", he states. When questioned about the 'casual' tag given to these apps, he didn't deny that most of the people he has come across within his membership of five years, weren't looking out for anything substantial or long term rather majority of the Indian users are simply on a hunt for short lived experiences, some as trivial as being acquainted with different people and some use it as superficially as satisfying their sexual needs.

Scanning through profiles of the ones that interest you and having multiple choices in your search to find

"You cant be stuck in one lane, theres always something better that replaces it, tinder is the filler to the communication void in today's generation"

- Manan Sharma

mates makes active dating smoother. Having been linked to 'the app for the sexually frustrated' to an app which now is responsible for uncountable serious long term relationships, tinder has come a long way. According to an interview given to Daily Mail, Tinder's CEO says it matches 26 million users per day, with 10 billion total matches since the location-based app launched in 2016. While Tinder does not charge its users, it does offer a paid service to give users access to extra features. The application states 80% of its users "are seeking a meaningful relationship," which results in 1.5 million dates each week. People have become more accepting towards these apps, today, its no longer a taboo to find love on the internet rather most of the millenials are seeking companionship through these application. Love on the internet, is maybe, a bit like online shopping, they both are highly addictive, fleeting and also fickle, and thats what makes them interesting.



The Contemplative Doodler

- By Abhijit Gohain

When you're the Red Bull World Doodle Champion. You mean business. Doodling as a contemporary art like never before.

Thoughtful is the last word that comes to mind when describing a doodler. Oxford Dictionary defines it as 'A rough drawing made absent-mindedly.' The word doodle originated in the early 17th century originally from Low German dudeltopf, dudeldopp 'simpleton,' first used as a noun denoting a fool, later as a verb in the sense 'make a fool of or cheat.' Yet nothing could be further from the truth when describing Santanu Hazarika, a self-taught doodle artist hailing from Assam, and the reigning Red Bull World Doodle Art champion. His artwork's foundations are laid on a deeper understanding of subconsciousness human psyche and spirituality.

For most, the creative process is an absent-minded outlet, whereas his intricate artworks are products of his meditative state. From dropping out of engineering to winning Red Bull World Doodle Art championship to being a full time doodle artist with multiple noteworthy collaboration and accolades under his belt. We delve deeper into his psyche to try and understand what lies underneath.

Abhijit: So how important is it to love what you do?

Santanu: It's of utmost important to love what you do. It is important to understand that there's lot of things attached to it. Suppose if you're passionate about something, and you want to do it, all throughout your life, and you want to be successful at it. So there's a thing called being consistent. So if you're not in love with what you're doing, you cannot be consistent with your work and in order to be successful in a creative line. You have to be consistent in what you're doing. You have to keep on working, and the only way to do that is actually loving what you. So that it doesn't become a burden or a piece of work.

A: So what is your creative process like?

S: Okay, now it's a difficult question. For me there's no particular set creative process to do things. It's just that, if some things which are personal, like a personal project or something I want to do, a painting for example, i want to do for myself. So there's a particular process to it. I start off and i just go crazy with things, I have a lot of paints and a lot brushes. I just take the canvas, i just take the paints and just start off. I play some good Lo-fi music, some low-jazz, Hip-Hop, Urban music, etc. It sets my creative juices rolling and that's it. I just go with flow, that's it.

A: How important is music for your work? How does it affect your work and does the music you're listening while working seep into your work?

S: See the thing is, it's something which helps me think. When I'm working on new design or I'm working on a commissioned work or whatever, like a painting. I like to keep the music simple. Simple as in, it gives you a space to think. I don't put in complex music with really weird time signatures and stuff like that. Just simple music, a lot of instrumental music with no voice in it. It just gives you a headspace to work on things. Sometimes I don't play music at all. I just keep it completely silent, so it gives me even more scope to think. But yeah music does play a part and actually that mood is reflected in the music, and also in the work you're doing. So to some extent it does(affect) and but sometimes it doesn't. Chances are it's gonna shape your work and chances are it won't. It's a 50-50.

A: As an artist do you get creative epiphanies, like suddenly out of nowhere some idea pops up and it later turns into an amazing piece of art?

S: It was very common earlier when i was not working as an full-time illustrator, when I had more free time at hand. I would come up with storms of ideas and end up surprising myself. But slowly as you become more professional. Your mind starts to be under numerous dictations and various limiting factors arises when you're working under someone else. Those epiphanies are much more common when you've the freedom to do what you want (to). You'd find that those epiphanies actually shape your future work for about few months or maybe a large number of works are affected by it. So yea there are few epiphanies, there are few 'eureka moments' when you actually stumble on something new and when it happens it's a really great feeling.

A: As it happens to the best of us. Do you get creative blocks too, and if you do, how do you get around it?

S: There's always an creative block. If there is a creative block, I do one thing. I take up something which is straight away opposite of what I do. Suppose I'm into a lot of ink on paper illustrations. So I'll challenge myself and try doing watercolors for a change. I keep at it, try to work different styles and on different mediums. And that actually gives me more ideas. It's like a chain reaction of





of one thing leading to the other and slowly you actually come up with something new. So yeah that's how I clear my creative block.

A: What fuels your passion for work?

S: I check out other artist's works, mostly my inspirations. I see what they are doing. I see what they have achieved, and I feel like working as hard to reach or surpass their level somewhere down the line. This is what I do to get highly motivated . I also motivate myself by going through pieces of art like graphic novels, movies, lot of different styles of POP ART, pop culture things and other random things . The conundrum of these things piling up, mixing and matching, and going crazy is what fuels me. I also try to check out different animes and animated stuff, and try to reverse engineer the process that's going inside the director's or cinematographer's head and try to recreate those emotions and expressions in forms of colours and visuals. These things actually end up firing up my Mojo (chuckles).

A: So where do you feel most productive at, and is there any environment that lowers your productivity?

S: I really find it difficult to concentrate on my work in crowded places. But I have done lot of live shows, lot of outdoor drawing sessions, workshops and such events involving a lot crowd. But those are mostly eye candy things, like drawing something really large and simple. But if the work involves a lot of concept, thinking and a lot of focus I never go outside and I never work in crowd. My room and my Studio, that's my best place to work.

A: Do keep having a recurring theme throughout your doodles that you might have connected your works consciously or subconsciously, which people may have noticed, or even missed out often?

S: There are a lot of recurring things. I keep using a few elements

every time to develop a signature style in what i'm doing right now. So if someone sees an artwork done by me, he'll be like, "Oh that's Santanu Hazarika's work." This is because of the certain style that i have developed over a period of time, which I keep implementing in all of my work. You just have to observe and it's pretty evident. Most of my artworks have a philosophical interpretation and a cryptical nature to it. There are a lot elements used in my artworks which actually have a lot of different meaning to them. They may seem very random, but it tries to tell a story which is incomprehensible to people 'just checking it out.' But there are few people who have actually amazed me when it comes to interpretation. So yeah there are lot of stories, things, messages and cryptic symbolism being a reflected in almost all of my work, and that's how I do it.

A: So what's your validation point, when you realise you've made it?

S: My bar is pretty high up that it's scary even for myself. I have shivers of terror when I think about it.. But yea, I definitely have a bar and I'm pretty sure i haven't come close to it yet, let alone reach it. At the end of every day I make sure that I'm one step closer to that bar I am trying to reach. If some day I don't feel like I have advanced a single step, then it's a waste of my day entire day. I measure my days in productivity. I like to remind myself whether the day has been productive enough for me. If It's been a really unproductive day, then it's really depressing for me and I just can't fall asleep. So that's how I set my bar everyday. Every day I makes sure that I'm moving Closer to my goal which even I can't comprehend at the moment how large it is.

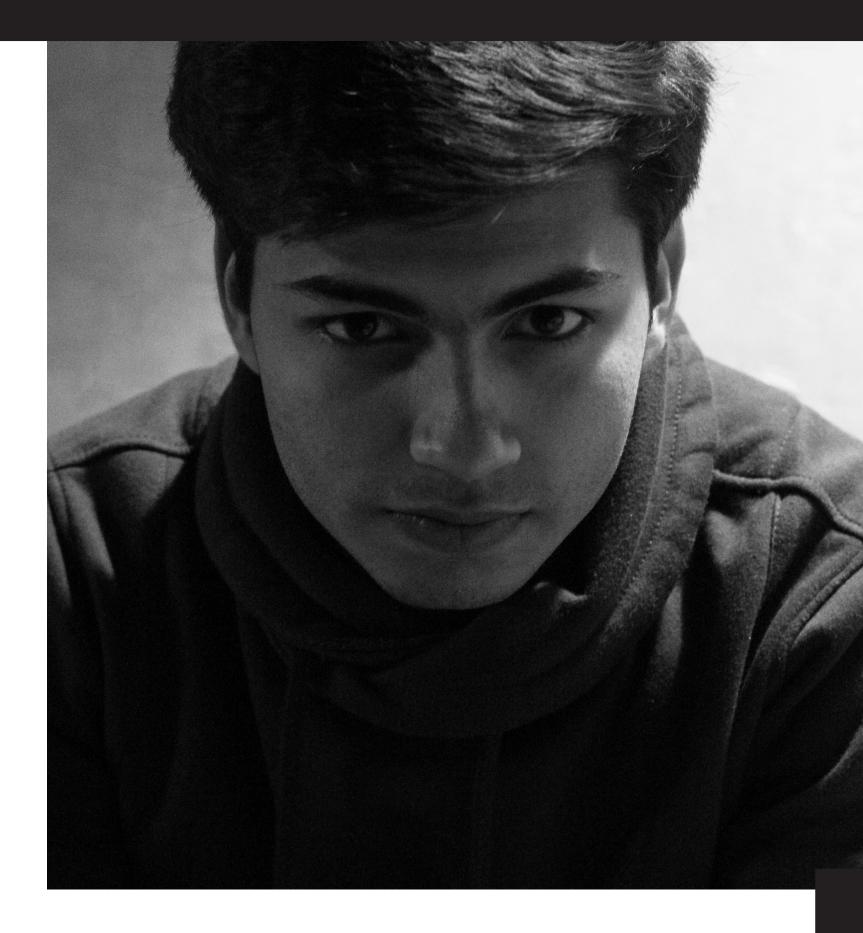
A: What your killer medium, that you like expressing in the most?

S: I would my say the medium that i'm most comfortable in would be paper. I have worked with paper since the very first day I held a pen. Ink on paper is what you can say my forte is.



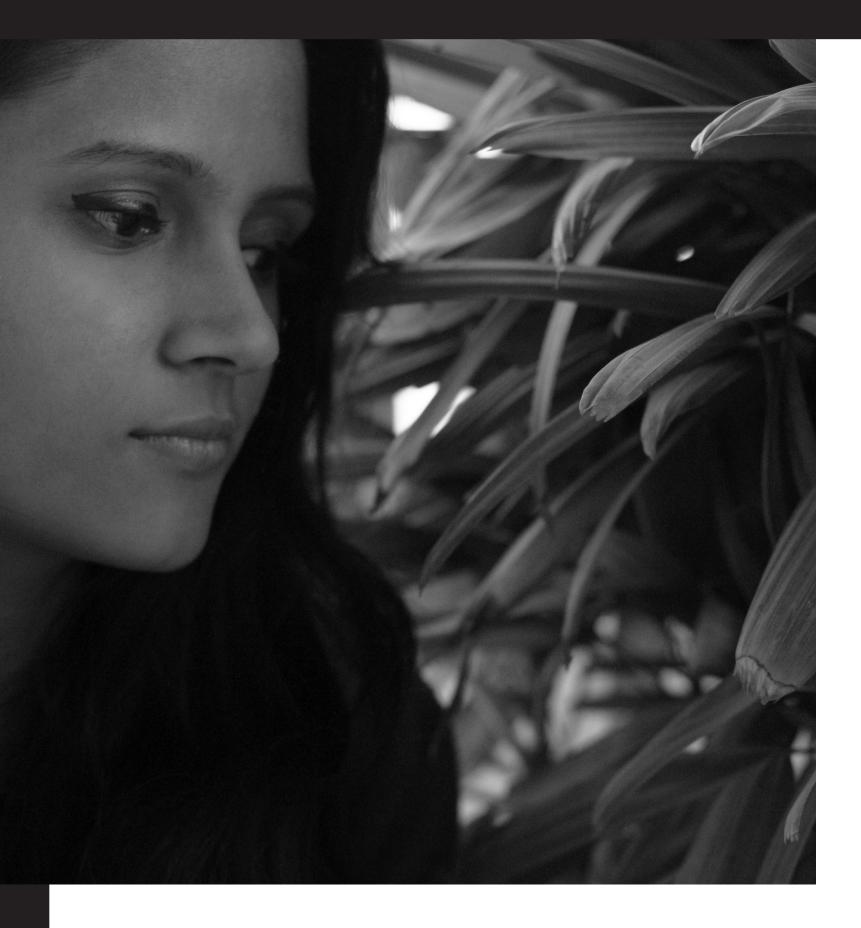
TANYA NATH, 20, STUDENT, MANIPAL UNIVERSIT

Q. What's the most stressful situation you've been in?. My stress level would alarmingly ring anywhere anytime. Q. How vulnerable are you to the lows of life? I couldn't sleep at nights earlier, but I'm proud to say that I'm out of it now. Q. How do you overcome an emotional block? I try to be productive, be it anything; singing, doodling, exercise or even watching a movie. Q. Complete the sentence- fear/anxiety is...? It is a social taboo in our country.



SAGAR GAUR, 19, STUDENT, NEW DELHI INSTITUTE OF MANAGEMENT

- Q. What's the most stressful situation you've been in? A When I get negative thoughts about any of my project. Q. How vulnerable are you to the lows of life? A Stress hits me in certain situations which makes me think about lows of life.
- Q. How do you overcome an emotional block? A I just listen to good music and hit the gym, sometimes due to stress, I have awesome workouts. Q. Complete the sentence-fear/anxiety is...? A It grow if we don't overcome them.



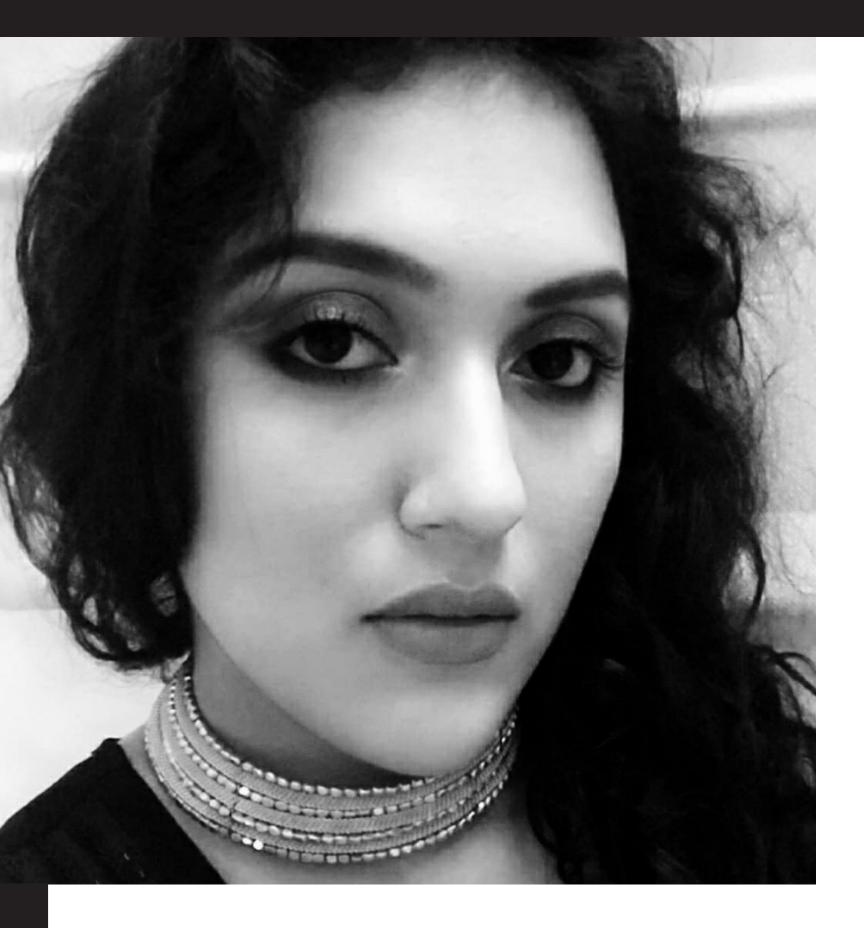
ISHITA MANGLA, 20, STUDENT, AMITY UNIVERSITY NOIDA

Q. What's the most stressful situation you've been in? A. When I'm not feeling myself and it makes me do things which I regret later. Q. How vulnerable are you to the lows of life? A. It's just being sad at my highest point but gives me strength to grow more. Q. How do you overcome an emotional block? A. By making people happy around me. A smile can do wonders. Q. Complete the sentence- fear/anxiety is...? A. For me its confusion.



TANVI CHOPRA, 23, ALUMNI, PEARL ACADEMY DELHI

Q. What's the most stressful situation you've been in? A. I face is because of time constraint and load of work, balancing both becomes a big task at times.
Q. How vulnerable are you to the lows of life? A Its hard to handle my day at work but I try to cope up. Q. How do you overc.ome an emotional block? A. I believe that time heals so I just sit back and never over react. Q. Complete the sentence- fear/anxiety is...? A. An unpleasant emotion caused willingly or unwillingly.



NANCY GIRDHER, 20, STUDENT, AMITY UNIVERSITY NOIDA

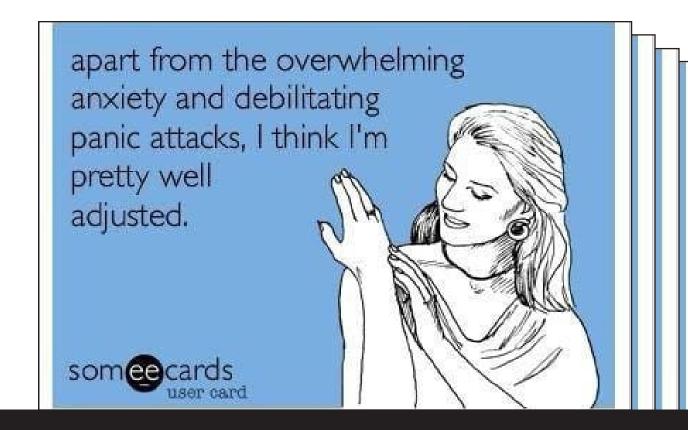
Q. What's the most stressful situation you've been in? A. When I'm unable to manage my college life and my work calls. Q. How vulnerable are you to the lows of life? A. I hate When people knock you down but I try to let go such things. Q. How do you overcome an emotional block? A. I cry it out, pat my back and move on. Q. Complete the sentence- fear/anxiety is...? A. When you can't concentrate becoause of your mind block.



ESCAPING THE MEMORITHMENT MEMORITHMENT OF THE MEMORITHMENT OF THE

-By Anjali Soni

With memes on anxiety, depression and other mental disorders taking over our social feeds, talking about your issues has become much, much simpler. The rising popularity of the concept has enabled many to laugh at their problems. However, is joking about such serious matters on an open platform the right way to deal with them?



If you've been on the internet, you know what a meme is. As mimicry or mockery, or for humorous purposes, a meme is a regeneration of daily instances that spreads from account to account like wild fire. For the present generation that spends most of its time on different social media platforms, they're a definite given. As a millennial, I'm no stranger to memes - I scroll past hundreds of them every single day while having a laugh, simultaneously sharing with my friends because they're just so relatable. And they're everywhere, on anything and everything - there are memes on the notion of memes! We're living in a memescape and it's safe to say that our lives, at least the ones we live online, revolve around them.

With the Internet overflowing with countless memes that are generated every hour of everyday, it is but obvious just how widespread these images get once they're out there. Since day-to-day challenges are one of the most common themes around which they are created, the stigma that earlier surrounded mental heath and instability has been broken because these topics have now been exposed to a larger audience, making it easier for people to talk about them more openly.

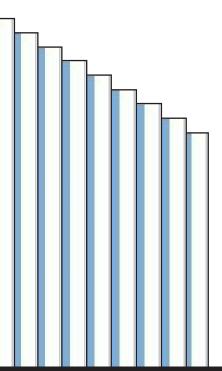
Increased usage of social media has resulted in a lot of changes, a crucial one being shedding light on things that happen in and around our surroundings, be it trivial or significant. In today's world, everyone knows everyone's business. And while that may be interesting, engaging or even informative, it also tells us about just how messy the world really is. There

is a universal air of doubtfulness that floats around, a certain uncertainty, and it exists for everyone, in some way or the other.

"I think the current zeitgeist is based on fear and mistrust," says Young-White, Comedian, during his interview with inverse.com. "We don't trust each other, we don't trust the government, we don't trust the media, and we're being gaslighted by a sentient, so there's this pervasive sense of anxiety in the culture. Looking at the individual level, we've all struggled with personal challenges or traumatic events. All of us have the potential to be mentally ill at some point in our lives. Statistically, a lot of us will." According to a survey carried out by WHO, more than 7.5% of the Indian population experiences depression of some form or another, and every 1 out of 5 people in the country require either psychological or psychiatric counselling. These stats reveal just how pressing the matters of mental illnesses are. The number of individuals suffering from a mental disorder of any kind is on a continuous rise, which is one of the reasons why memes about such experiences are so popular online.

It is true that normalising a concept so severe risks of diluting its seriousness. But it is only due to this generalisation that the issue of mental problems has been brought out in the open. While we, as senders and receivers of memes, don't think twice of the reasons, the consequences, the pros or the cons about meme creation on mental disorders, the people concerned - people who suffer with these disorders as well as psychologists - have strong opinions on the subject matter.

Dr. Aanchal Johri, Phd. from JNU's psychology department believes that an idea as trifling as memes should not be using matters as intense as mental disorders, be it of any kind, because they trivialise just how serious these conditions can get. "The people online who generate memes have little to no idea about what these disorders are and how drastically they can affect the person who suffers from it." says Johri. "It is due to this lack of awareness that words like 'anxiety' and 'depression' are thrown around casually in general conversations." But, the mass relevance of memes on such problems can also be a result of the increasing count of individuals facing troubles with some kind of anxiety. "It is true that in today's world, more and more people fall victim to their anxiety, and that can very well be a reason for just how popular these memes get. But



"I understand that sometimes you need to lighten up, have a laugh, and move on. What gets to me is people claiming to be mentally sick when they're not. I mean, we don't see people joking about getting diagnosed with cancer, right?"

-Devika Singh, 21yrs

the sharing that happens on such a large scale ends up showing these grave concerns in a comical light. If you come to think of it, the youth is throwing around the phrase 'I'm so depressed' like confetti. There are memes that joke about critical issues like suicide and self-harm, which is extremely frightful if you were to analyse it from the view point of psychology. These are life-threatening concerns and people are treating them as jokes, it's shocking. The state of mind that a suicidal person has, and the life they go through is terrorising. A person suffering from mental disorders will not generalise these matters; they can surely cope up with their own issues by laughing at them, but they just won't normalise it."

Devika Singh, who is currently studying Economics in Delhi University opens up about her struggles with suicidal thoughts. "It was the lowest point of my life. I started having suicidal thoughts when I was around 14 years old. I remember visiting the school counsellor almost every single day. I started self-harming, and it just spread around the entire school - I was mortified." Fortunately, Devika has coped up with her issues with the help of professional therapy. "I am definitely not in that headspace anymore, but even today, when I see

memes that talk about killing yourself or wanting to die rather than attending class, it irks me." When asked about laughter as a coping mechanism, Devika said "I understand that sometimes you need to lighten up, have a laugh, and move on. What gets to me is people claiming to be mentally sick when they're not. I mean, we don't see people joking about getting diagnosed with cancer, right?" "A reason why this happens more often with a mental ailment as compared to a physical disease is because as an outside, you can understand the gravity of the situation." says Dr. Aanchal Johri.

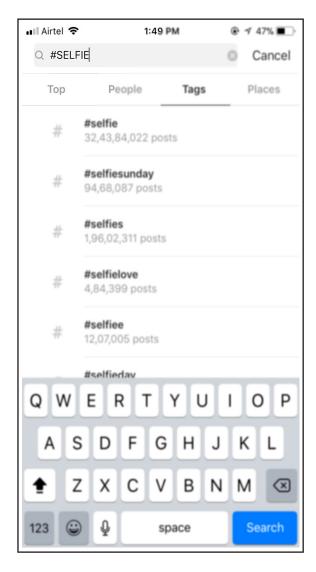
It is true that memes can dismiss the seriousness of mental instability. But it is also true that memes contribute substantially towards bringing these issues out in the public. It is a lot easier for people to come out and admit that they face these struggles, making it more relatable for others and letting them know that they're not alone in this. And, as a person who sometimes experiences anxiety and panic attacks myself, it gives me a sense of relief to know that I'm not the only one, and that once it's over, I can laugh about it. Who's to say what, there's a positive and negative to everything. All we can do is try to find the middle ground.



SELF(IE) GOAL

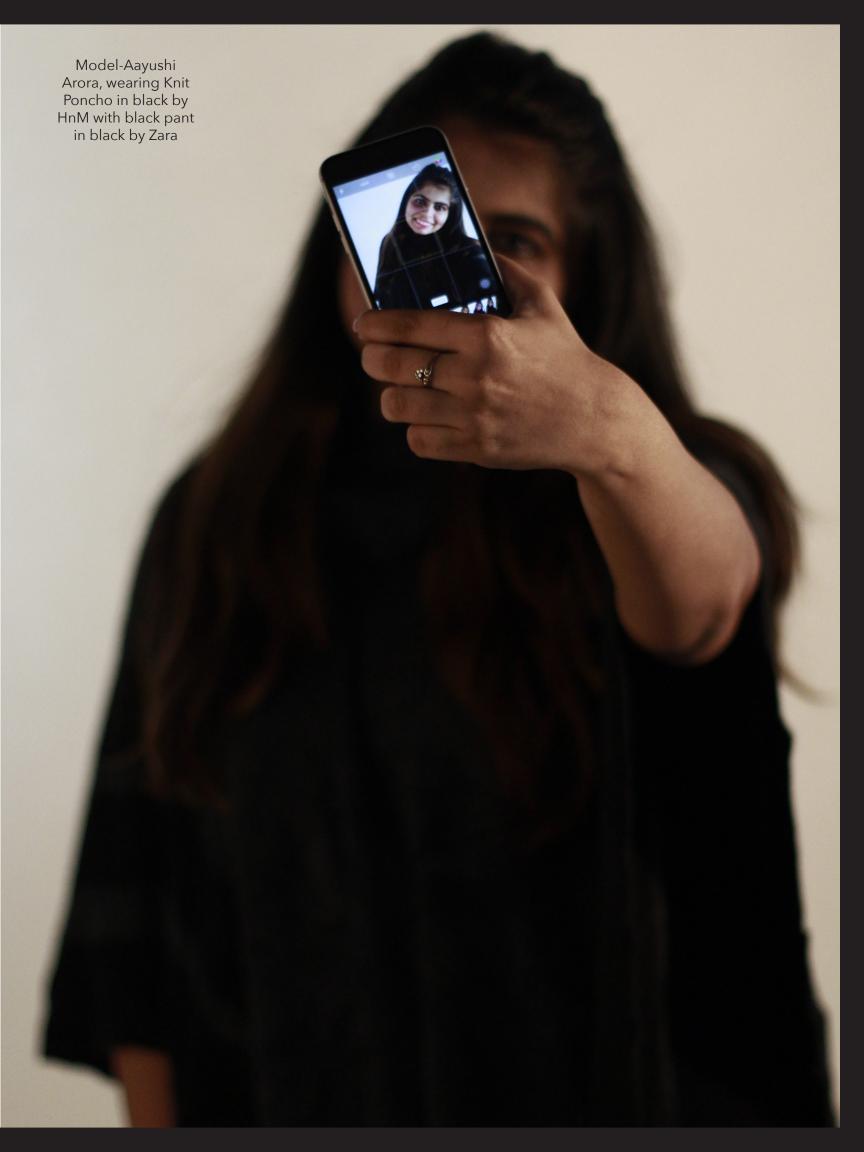
By- Shirin Rajput

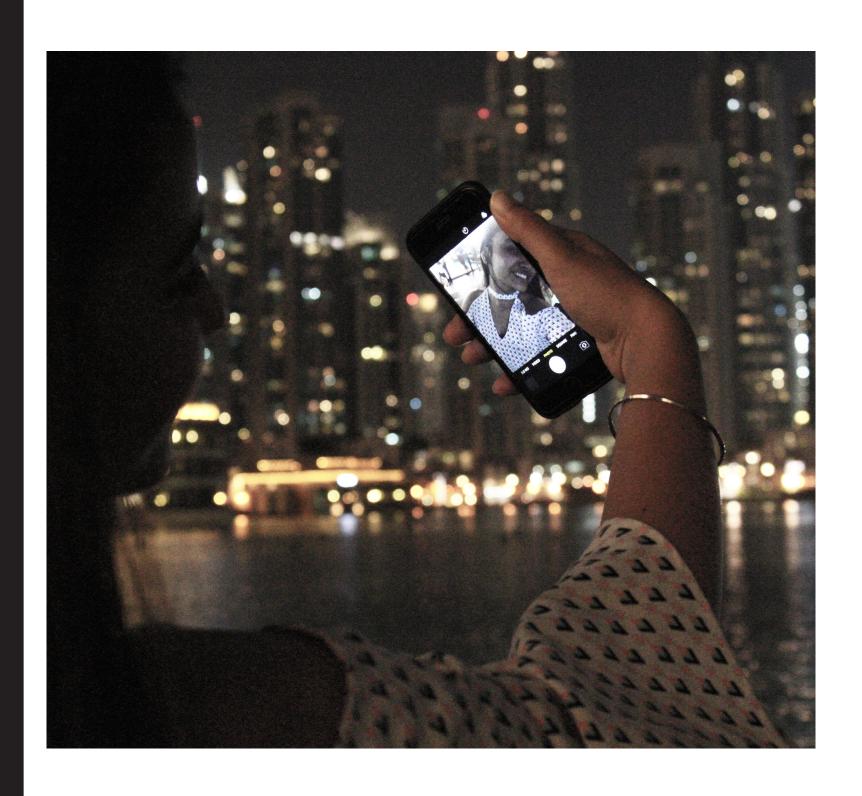
Almost every person has individual social media accounts, which is an open book of his/her life. Almost everyone is posing for self-portraits in front of different landmarks.



We live in an image heavy society where external appearance is highly valued. Perhaps you cannot deny what virtual community can come up with. It was earlier used for searching and communication, but nowadays teenagers have taken it on a different level. According to a recent survey done by Shirin Rajput we understood why is this trend has become so powerful and teenagers neither like them or dislike them and post their selfies four-10 times per week. Saumya Luniyal, 20, student of Delhi College of Arts and Commerce love clicking her pictures and she posts at least one - three times in one week.

Narcissism is the main trait associated with it. We focussed more on who do people send their pictures to and the reason behind clicking them. We see people around us engrossed in their phones and mostly working on the angles to click a perfect photograph. Our generation might feel insecure when they click them and they might feel difficult to make it through a day without clicking a self portrait. As most of them share them with their friends on social media by using hashtags occasionally, it has become a way of communication. Snapchat, Instagram, Twitter are few of the platforms which are trending these days.A teenager spends minimum 2-3 hours per day on them. These self-picture can be about lot of things like Neelakshi Yadav, 20, student of Pearl Academy Delhi prefers to click a selfie with her cat and Abhishek Datta, 20, student of New Delhi Institute of Management clicks it with his best friend. It can be with family, kids or close friends on any occasion. But out of 43 teenagers surveyed, 17% click them to show how they look.





"As claimed by the internet, there are 93 million selfie posting each day on social media, out of which 1,000 are posted on Instagram in every 10 seconds."

We live in an image heavy society where external appearance is highly valued. Perhaps you cannot deny what virtual community can come up with. It was earlier used for searching and communication, but nowadays teenagers have taken it on a different level. According to a recent survey done by Shirin Rajput we understood why is this trend has become so powerful and teenagers neither like them or dislike them and post their selfies four-10 times per week. Saumya Luniyal, 20, student of Delhi College of Arts and Commerce love clicking her pictures and she posts at least one - three times in one week.

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You may assume that it is fun to click a portrait but when you actually see it, you're too old to do this and if your friend would think that you're vain, you won't do it. The next factor, which is perceived is your behavioural control; it tells how engaging you are in posting it. Priya Batra, 19, student of New Delhi Institute of Management prefer clicking one to see how she looks whereas Priyanka Bhugra, 21 student of Manav Rachna College thinks that selfies are funny.

If a person doesn't know how the internet works or doesn't get the angles right to post a perfect self-portrait, he won't be able to be in vogue. The main personality trend that came out from the survey was, almost every person has become an expert in this selfie driven world. They form their identity on social media to make people feel about their daily lives and routine. Clicking pictures are a perfect

"Selfies are now important part of our life which indicates happiness, and joy to save memories of that moment."

-Ishita Mangla, 20yrs

opportunity to for the people to promote certain hidden traits about themselves. As an observation, narcissism is an important aspect of how this game works. Also, people tend to stick with the platforms through which they are always up to date.

As the media and technologies have increased, people are always engrossed in online community which has brought an increase in their narcissist trait. also, The growing use of technology, specifically the increase of smartphones, has allowed users to access any type of social networking site with just a few swipes of a finger. Teenagers are aware of their online reputation and they have a tendency to manage the content along with their presence on social media actively. Teens measure their status through the number of "likes" a photo or a status update garners.

It is clearly seen that almost every person is self-obsessed, who is connected to this culture in some or the other way. In fact, for these poses driven people, posting their pictures is a way to create a certain identity on social platforms which isn't that bad. No one is harmed or no one is forced to look at the selfies, it is his/her choice to be a part of a world like that. In other words, posting portraits is a form of creating an expression or it is to test one's own identity.

Many people think that it can be used for some constructive work too. In general, some people are pretty good at detecting narcissists from their social media profiles, suggesting that there are certain types of photos (perhaps including types of selfies) that indicate obsession. In comparison with the previous generation, people aren't self-absorbed but the new technology has made them addicted to the net and also promotes self absorption. It shows that there is a consistent link between narcissism and selfie-posting, but there is still a lot more to learn about who posts pictures and why.

FIVE STAGES OF GRIEF

-By Abhijit Gohain

A journey towards self-discovery while many of us struggle through the banal effects of grief.



Stage 1: Denial

The first reaction to learning about the terminal illness, loss, or death of a cherished loved one is to deny the reality of the situation. "This isn't happening, this can't be happening," people often think. It is a normal reaction to rationalize our overwhelming emotions.

Denial is a defense mechanism that buffers the immediate shock of the loss, numbing us to our emotions. We block out the words and hide from the facts. We start to believe that life is meaningless, and nothing is of any value any longer. For most people experiencing grief, this stage is a temporary response that carries us through the first wave of pain.



Stage 2: Anger

As the masking effects of denial and isolation begin to wear, reality and its pain re-emerge. We are not ready. The intense emotion is deflected from our vulnerable core, redirected and expressed instead as anger. The anger may be aimed at inanimate objects, complete strangers, friends or family.







Stage 3: Bargaining

This is an attempt to bargain. Secretly, we may make a deal with God or our higher power in an attempt to postpone the inevitable, and the accompanying pain. This is a weaker line of defense to protect us from the painful reality.



Stage 4: Depression

Reaction to practical implications relating to the loss. Sadness and regret predominate this type of depression. We worry about the costs and burial. We worry that, in our grief, we have spent less time with others that depend on us. This phase may be eased by simple clarification and reassurance. We may need a bit of helpful cooperation and a few kind words.



Stage 5: Acceptance

Coping with loss is ultimately a deeply personal and singular experience – nobody can help you go through it more easily or understand all the emotions that you're going through. But others can be there for you and help comfort you through this process. The best thing you can do is to allow yourself to feel the grief as it comes over you. Resisting it only will prolong the natural process of healing.

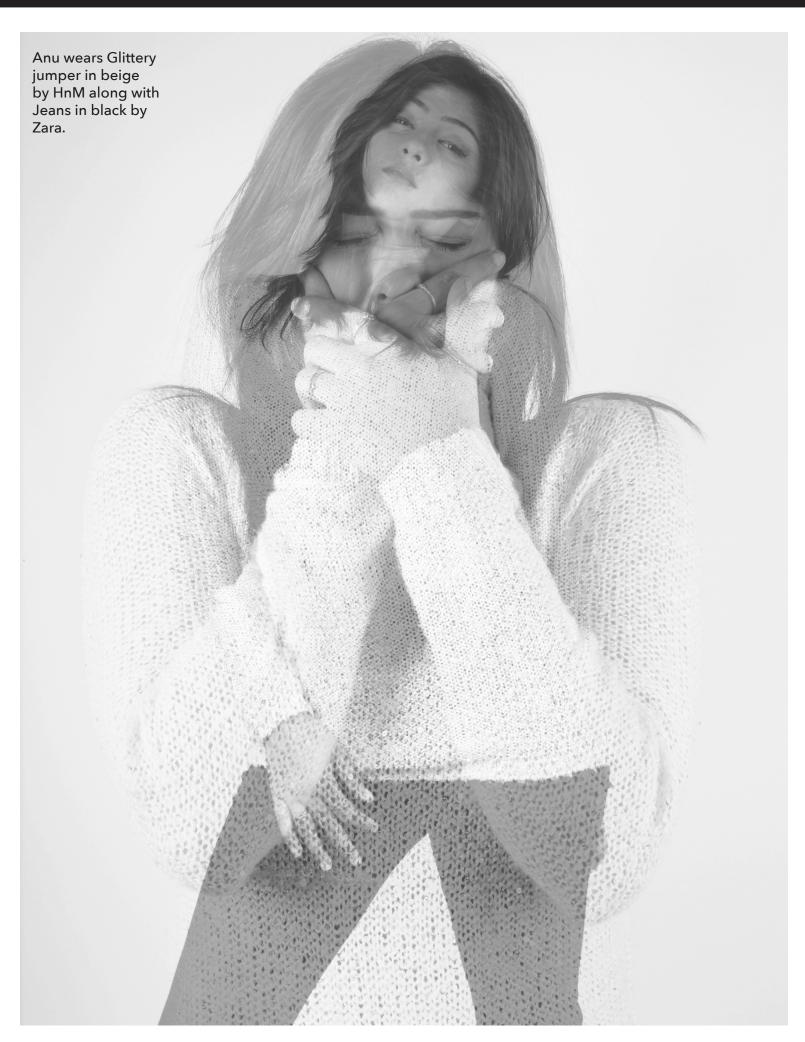
I WANNA SEE YOU INSIDE OUT

CONCEPT, TEXT AND PHOTOGRAPHY BY SHIRIN RAJPUT

One minute you might feel great, the next you feel sad and tearful. This kind of shift in your moods is okay. You may be feeling a lot more pressure these days, and you are still developing the skills you need to deal with that pressure.



I don't belong here.



I've been thinking too much.



I feel like I'm in a cage.



I don't want to face the reality.



MSGM

ANATOMY OF ABREAKUP

-By Shirin Rajput

I feel that such posts helps to develop a relationship between two people because even if you meet them, you can't see or talk to them all the time, so you just tag or message them to get to know their condition." Says Shubhi Raj, 20, student of Hindu College Delhi

Social media networking play a large role in our lives by highly influencing our relationships. Maybe more than any of us realise. For the most part, Facebook is used to maintain existing offline relationships or it sets out some connections, as opposed to meeting new people. Such relationships possibly among these individuals who friend one another almost every person uses any kind of medium to communicate and share his or her life on. This can be one of the chief facets that differentiate social media from earlier forms of communication to present. Online platforms like Facebook or Twitter have now become the key aspect of a teenager's life. Facebook users usually engage themselves in "searching"

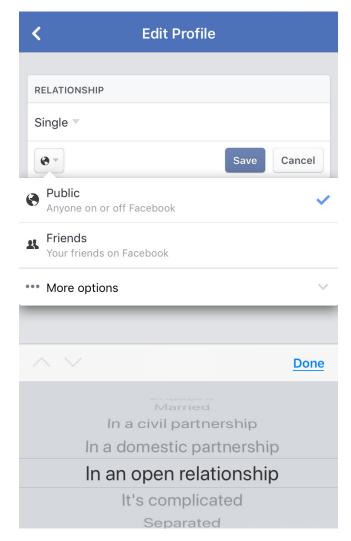
for people with whom they have an offline connection more than they "look" for complete strangers to meet.

Social networks can give a flow of generally unwanted things such as anger and sadness, unhappiness, but good things also flow like happiness and love. According to Shipra Gupta, 20, student of Gargi College Delhi "It is the spread of the good things that proves the whole reason we live our lives in networks," Our happiness is connected with the happiness of people whether we're happy or not depends upon our friends' friends. Or in other words we can say that social media is now shifted human communication towards the visual part of networking like text and voice. Now,



YOU ARE THE CREAM IN MY COFFEE.





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According to Shipra Gupta, 20, student of Gargi

"You just want people to know. According to some people, it's for the attention and stuff like that. And it's also probably to tell people like, hey, back off. She's mine or he's mine."

-Ishita Mangla, 20 yrs

College Delhi "It is the spread of the good things that proves the whole reason we live our lives in networks," Our happiness is connected with the happiness of people whether we're happy or not depends upon our friends' friends. Or in other words we can say that social media is now shifted human communication towards the visual part of networking like text and voice. Now, even a photo, or an emoji, can become the core of our conversation. This can benefit people who are not much confident in their communication skills, as we can now simply communicate via pictures and images. Visual communication also helps in maintaining daily intimacy between the family members who are separated by great distances. Before this social media came in, most of the communication was either private and one-toone (letters or the telephone), or public broadcasting (radio, TV, newspapers). Social media is not just a form of technology for entertainment but it is now an online "home". For the people staying away from their family, it can become the main place they live and spend most of their time. As mentioned above, social media is influencing connections in various manners so most people now use a range of platforms to organize their relationships or genres of posting. Also, people are now judged as to which type of media or platform they decide to use, making this aspect, a social and moral issue. Relationships are an on and off thing, if a person is going through a breakup he or she would definitely relate to all the memes and the captions which are overloading these days. It's easier for them as they are able to connect through these posts.

It's amusing how breakups are treated on social media. Half of the teenage population believes that sharing



Ilustration by Shirin Rajput

"It is the spread of the good things that proves the whole reason we live our lives in networks," says Nupur Gupta, 19, student of Manav Rachna College

these kind of posts gives them self satisfaction. They tag their friends on such posts as they relate to it better. For them these posts speaks their heart out. Memes, inspirational quotes and photos provide a way to voice some complex feelings like romance. Social media for them is a place where they can feel more connected with the daily encounters of other's life. They share emotional connections and let other know they care, although these sites can lead to some feelings like jealousy. At the same time, even teens who demonstrate that social media has had an effect on their relationship tend to feel that it is impactful. Due to social media people feel more connected about what's going on in other's life. Heartbreaks process many emotions, which the teens tend to share an relate via social media. They replace these mixed feelings into such posts/ media. For some youth, these digital platforms (e.g., texting, messaging apps, Twitter, Instagram) can be a useful feature for communicating with multiple

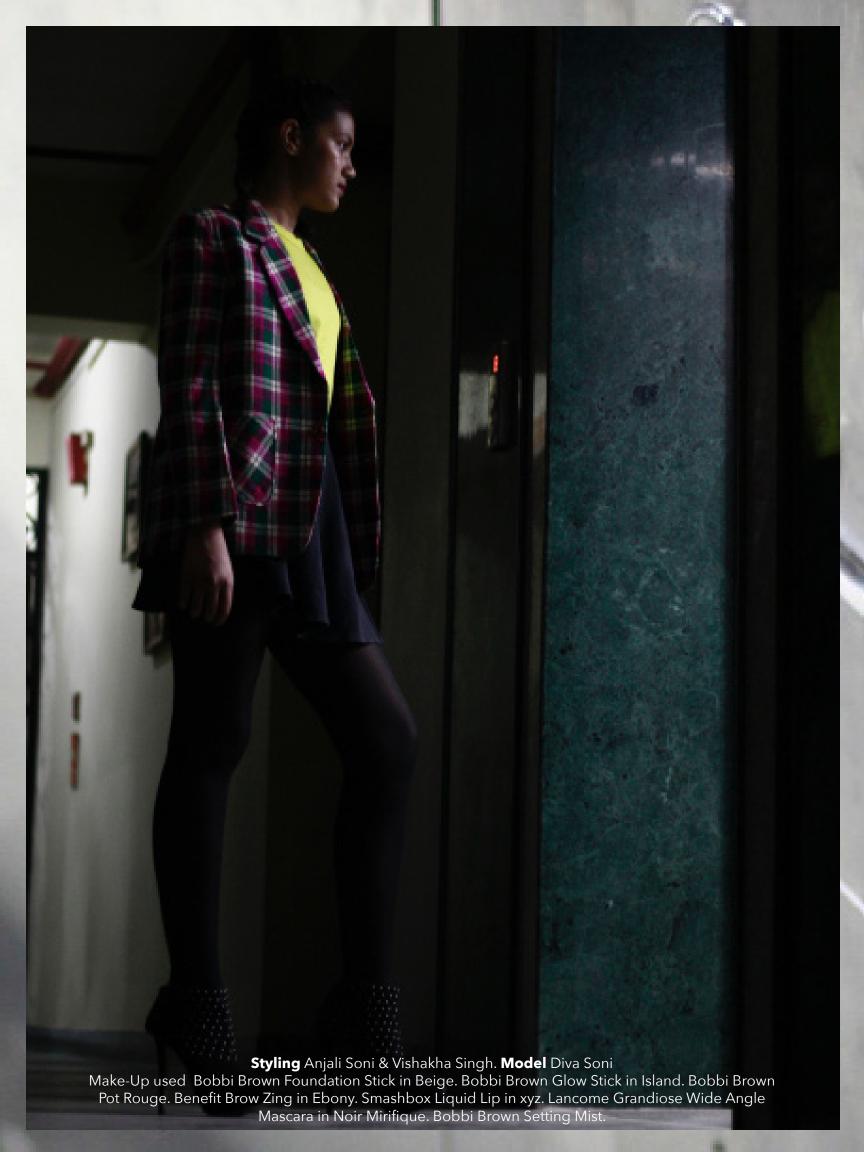
people and multiple partners. The effect of the web on them is extending to a different level that they tend to look for suspicious images on their partner's profile. Social media allows the users to create their online presence and it helps to show a different side of their personality. When it comes to friendships, it surely proves that internet has become a platform on which the teens show a modified side of their personality which they can't show offline. It is basically a space created to publicly express their affection for significant other. Teens also noted that posting pictures or captions publicly about a relationship, noting the date you started the relationship in your bio, declaring your affection, sometimes had to do with attaining a sense of status, exhibiting possessiveness or getting attention from peers. The hype of being online might or might not change throughout, but will keep on improving and affecting people in some or the other way.



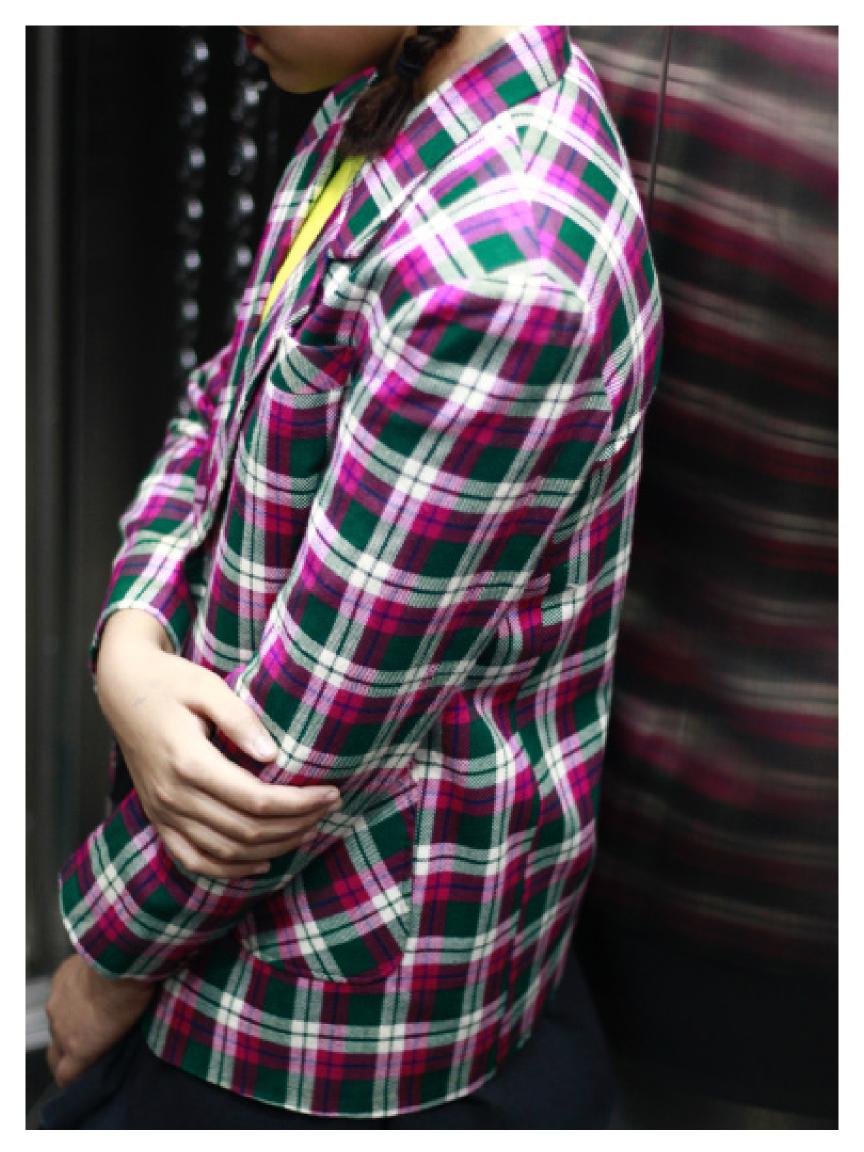
GET ME OUT, I'M TRAPPED HERE.

CONCEPT BY ANJALI SONI & VISHAKHA SINGH | TEXT BY VISHAKHA SINGH | PHOTOGRAPHY BY ABHIJIT GOHAIN

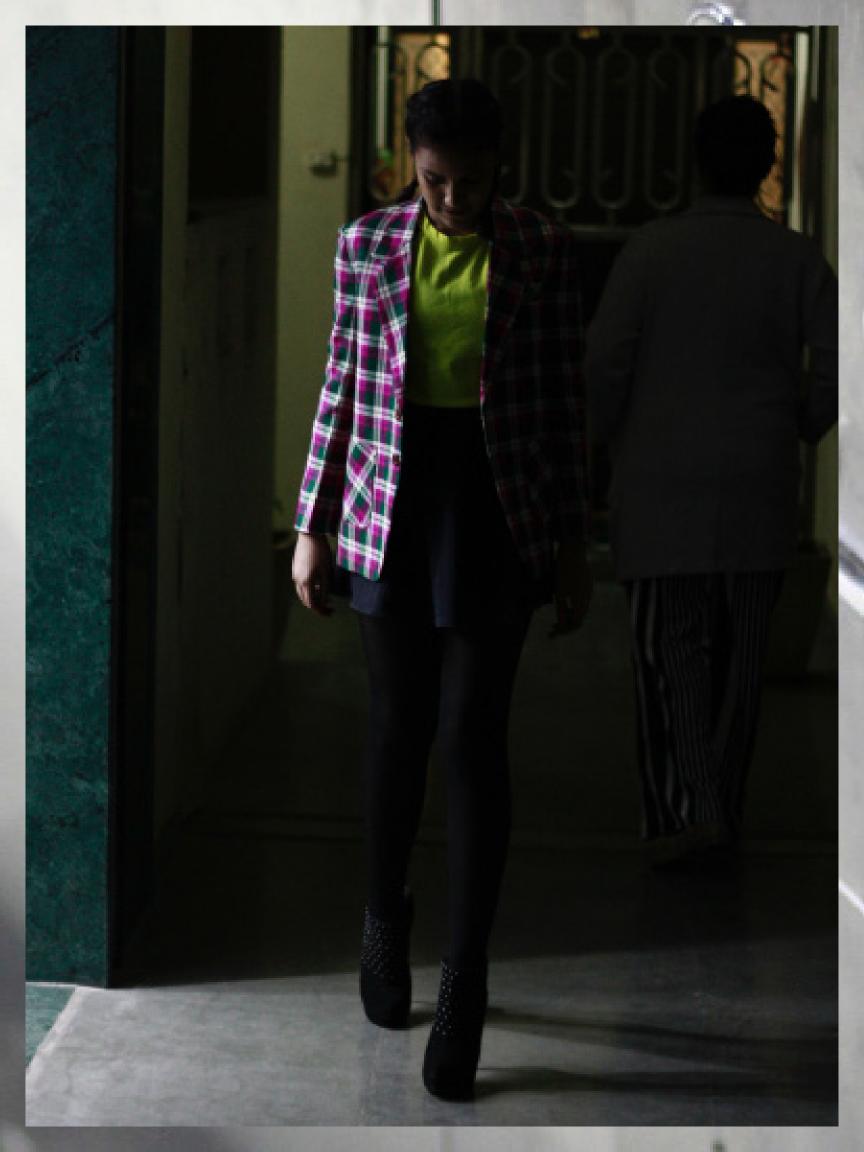
Anxiety hollows you from the inside, almost like claustrophobia, you want to breathe but there is no air, its a state that not only affects your mental appearance but also your body language. The overthinking that leads you in that position is solely the mind playing games and you not being able to overpower it. In a constant effort to free yourself from the cage that is anxiety, we show our true vulnerabilities. People around us might successfully rescue us at times but they don't realise that you can't save a person whose biggest enemy lies within themselves. Its a vicious loop that wont end and keeps showing up when you need it the least.















UTKARSHA, 24, SET-PRODUCER AT BOOKMYSHOW

Q. How well has being yourself worked for you? A. Being myself has been quite tough. Sometimes, it's the fear of being judged, sometimes its the feeling that the other person won't understand me, sometimes its just that I don't want to open up to anybody and everybody I meet.



GARIYASHI, 21, STUDENT, NIFT DELHI

Q. How well has being yourself worked out for you? A. Being myself has worked out for me so far in a manner that I know that I am a distinct individual with distinctive attributes and choices that makes me who I am. That has helped me find companionship in likeminded people and built relationships with each of them. Being honest to myself is what makes me myself.



OORJITA, 20 , STUDENT , NIFT HYDERABAD

Q. How unapologetic are you towards being a rebel? A.I've always been a rebel. I'm still choosing to rebel against friends and family. It always works out well in the end cause i know myself really well.



AMAN AFTAB, 21, COLLEGE DROPOUT

Q.How well has being yourself worked out for you? A.Being myself has worked out pretty well for me because i've a set of people around me who like me for what i am.



DONALD BARUAH, 25, MUSICIAN

Q. How accepting are you towards different and changing perspectives? A.
I'm quite adaptive to changes, I respect other's point of view and if
I feel I stand corrected, I don't mind changing my perspective but I do hold a strong ground with my views and beliefs.



Y O H J I H O M M E



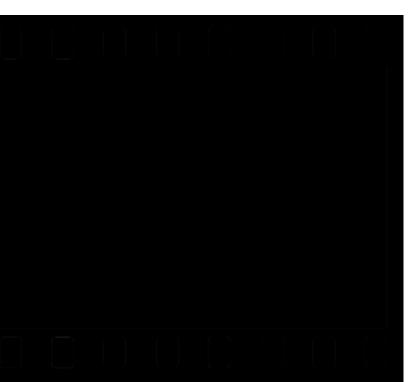
IN STORE FROM JUNE

yohjiyamamotoparfums.com









IN THE PALM OF YOUR HAND.

CONCEPT BY ANJALI SONI & VISHAKHA SINGH | PHOTOGRAPHY BY ANJALI SONI

-By Anjali Soni

You've got me here, In the palm of your hands. Forced out of my place of being, Here, you say, is where I'll be provided safety.

Being looked at, talked about and controlled, This place is not like how it was told. Manipulation and hurt is what this was about, To ruin and turn me inside out.

Now that there is nothing left of me, You throw me away, and leave me be. Out of your fingers I finally am, This is it - pain is my release.

PRICK

-By Vishakha Singh

It's the way you look at me, that makes my skin crawl, hungry eyes awaiting to capture me at my weakest.

You treat me like an object for your temporary desire. Your touch, so impure. You thought an object as delicate as me, wouldn't make a sound. But alas, I'm my own protector, for every evil will be pricked.

My fight against this world may never come to end, but never will I ever, let your hypothetical dominance overpower me, cause I'm not afraid, no more.









why do you revolt?

-By Shirin Rajput

Some people accept the rebellious behaviour but some find it difficult to deal with such people. Nupur Gupta,20 student of Manav Rachna College tells how she goes through this non acceptable minds.

Q. Is your rebellious nature against your self interest? How?

A. No, I don't think so. I believe that nobody can change his/her nature in one go and when it is about myself, it comes from within. Being a rebel gives me confidence. I feel that I am very powerful and a headstrong person. Hence, it's quite the opposite.

Q. Do you think that your work gets affected with this type of nature? If so, tell us what all you do you overcome it?

A. It gets affected at all. Rather it is in my favour as I can work according to my wish and my will, whenever I want. Only sometime I feel it is affected and then I have to mellow down myself to the extent that I understand it better.



"It is what I am, according to me being powerful is my thing and nobody can change that. Only those people affect me who accept me in the way I am"

-Nupur Gupta, 20 yrs

Q. Do you think you've lost your real identity?

A. A person is known for his behaviour and nature. I feel proud that I can handle all my issues myself. My identity is my USP, people have to incept me as I am. This is my identity which is projected among them and that is the real me. I only maintain a certain kind of relationship with anyone who accepts me the way I am.

Q. Does it affect your relationship with your family and friends?

A. My family and my friends understand my nature and behave accordingly. I am as I am, I cannot change myself however I do at my level best to maintain a good relationship with them.

This is all natural and not intentional for me.

Q. Do you think your determination on some point is justified?

A. I become determined only when I am

confident and I try to prove that. I can argue over any point on which I take a stand, and I think that everyone should do that too. On the other hand proving your side is always justified.

Q. Do you think that you are a rebellion because of your fault finding nature?

A. I don't think that I have that tendency. I always take a stand when I find something genuine. I don't think that taking side of truth as I percept is a fault finding tendency. To my knowledge of my behaviour I find myself straightforward.

Q. Many a times you break the rules creating indiscipline. Do you agree?

A. What ever you see in the world according to your eyes cannot be correct. I always take the side of what is correct which I think. There cannot be the possibility of breaking the rules and indiscipline when I am correct. I believe it is a part of my life.





#Slanglanglang

CONCEPT BY VISHAKHA SINGH& ANJALI SONI| TEXT BY VISHAKHA SINGH| PHOTOGRAPHY BY SHIRIN RAJPUT

Being a part of a generation that lives off technology, we have gone ahead to create a language that suits our requirements the best. With changing meanings of conversing, the millenials have also formed words that suit their communication easily. While the internet has a huge role to play in this process, abbreviations have a whole new meaning to it. The slang dictionary is what the youth swears by. With new slangs trending in everyday, the millenials often use short forms to put their point across in a manner understood by all. These slangs tend to have a deep connect with the emotions that the youth feels and is highly relatable. While some may say its improper, the youth surely isnt hesitant about expressing themselves through these words. Defying the norms set by the past generation, millenials arent afraid of communicating in a manner that is often looked down upon in the society.









The kids are alright

-By Abhijit Gohain

A fashion communication student in the making

Q. How would you describe your artwork best?

A. I feel that the work I produce often looks at female sexuality and I aim to challenge societal expectations of how a woman must behave. In terms of my aesthetic, I often combine the overtly sexual and the edgy with the feminine and the soft, as I am inspired by the image of both and I like to explore the juxtaposition of the two together.

Q. How important is it for you to differe and stand apart as an artist?

A. It is very important for me to stand apart as an artist and let my individuality as a person reflect through my work. I hope that one day, people will be able to look at my work and instantly know that it was made by me.

Q. Any situation you've been in where it was better to fit in?

A. I think if you are working within the confines of a set brief that is given to you, then sometimes you may have to tone down your personal style to comply with what the client wants. However, it is important to me that I still remain true to what I believe in and the work that I

produce, while still meeting the needs of the client.

Q. What sets apart your work and creative process?

A. (Sorry, I can't think of an answer to this one hahaha)

Q. How has artists or art period you look up to affected your work?

A. The photographer Petra Collins is an artist in which I really admire and am inspired by. She captures what it means to be a young woman in the 21st century and is unapologetic in her work. I have learned a lot about myself and myself as a feminist through looking at her work, and I suppose this has probably trickled down in to my own work.

Q. Does the music you listen to help you with your work and if yes then how?

A. Yes, the music that I listen to definitely helps me with my work. I primarily listen to music of an underground nature and I find that this puts me in the zone for working. I associate this genre of music with my social life and so if I can bring a little part of my social life in to my work then it really helps with the creative process.

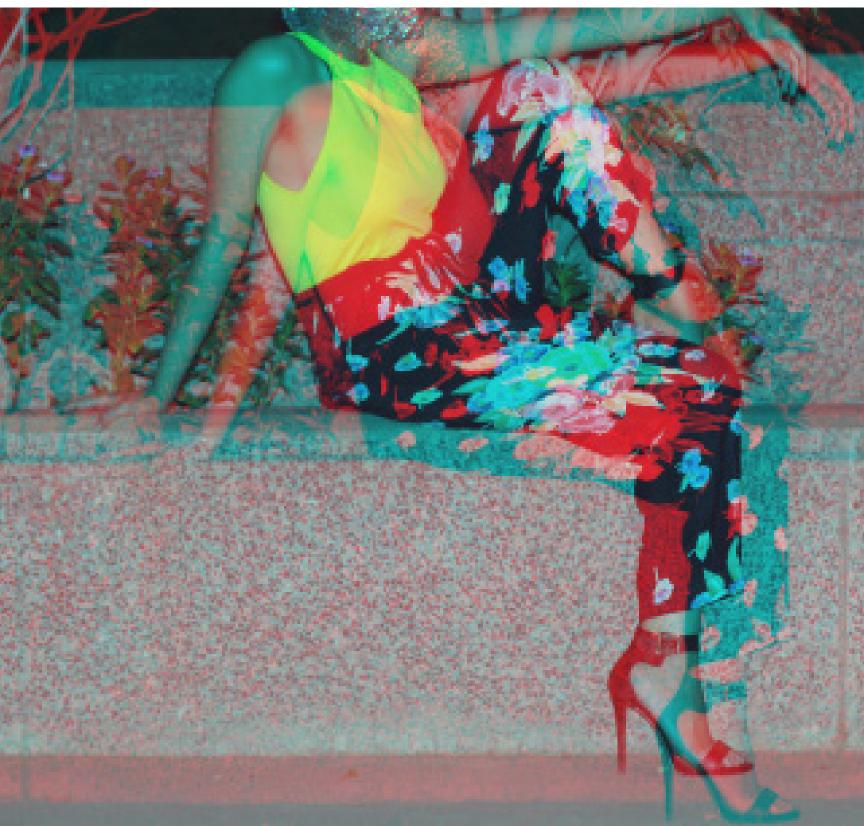




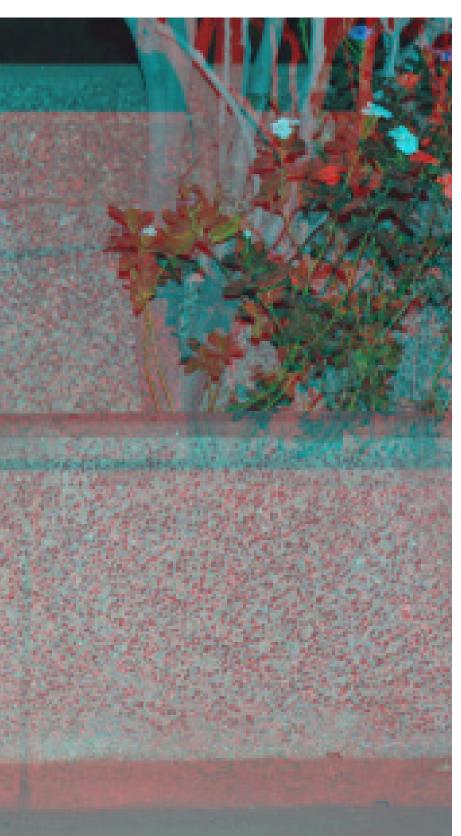




Tune in, Zone out



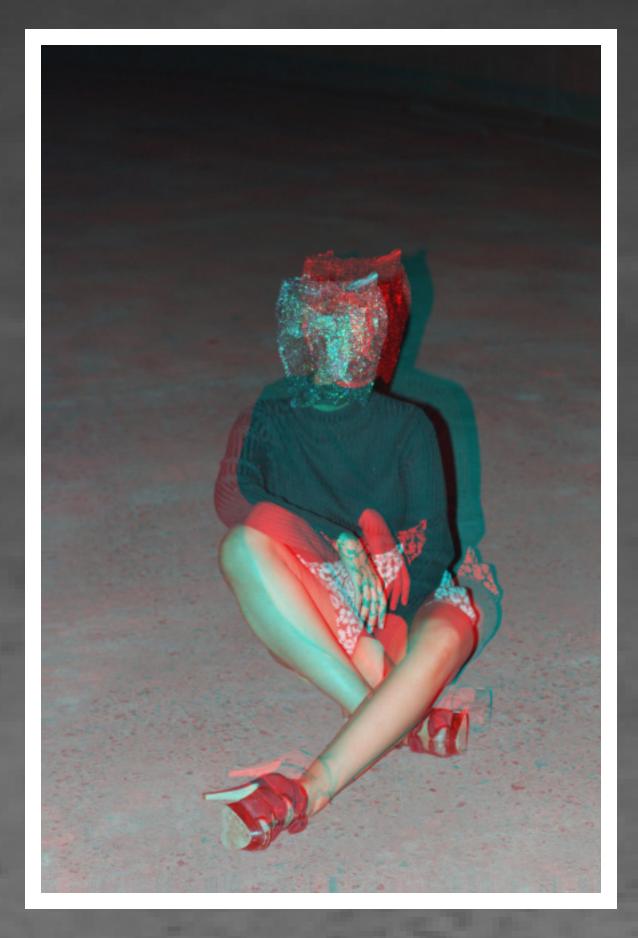




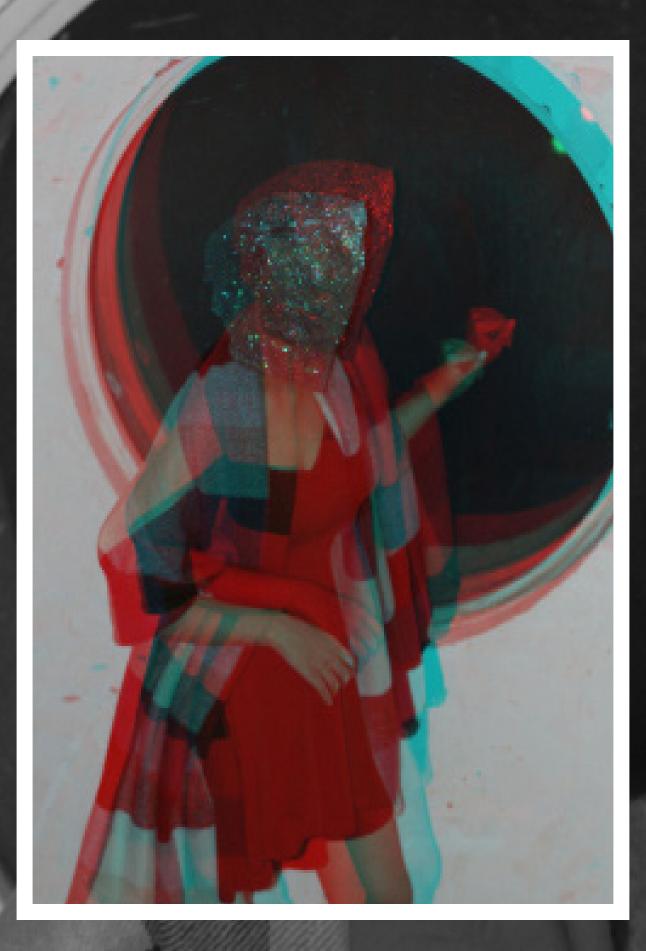
CONCEPT BY VISHAKHA SINGH & ANJALI SONI TEXT BY ANJALI SONI | PHOTOGRAPHY BY VISHAKHA SINGH

No more limited to just a momentary lapse, for us millennials, the mental state of being zoned out can very well be called a descriptor of being. It's got a charm of its own, being anywhere but here. It lets you wander off from situations you don't wanna be to places you wish you'd rather be. That dreaminess, we all love it. There is a universal desire to escape reality; to be someplace cooler, calmer, better. Is it because we're a generation of depressed kids who want to get out of their stateof unhappiness? Are we even truly sad or do we just complain about everything? Do we really create problems for ourselves? Or is it indifference? Whatever it may be, however it may be, whenever it may be, just remember, you can always tune in to someplace else and zone out.

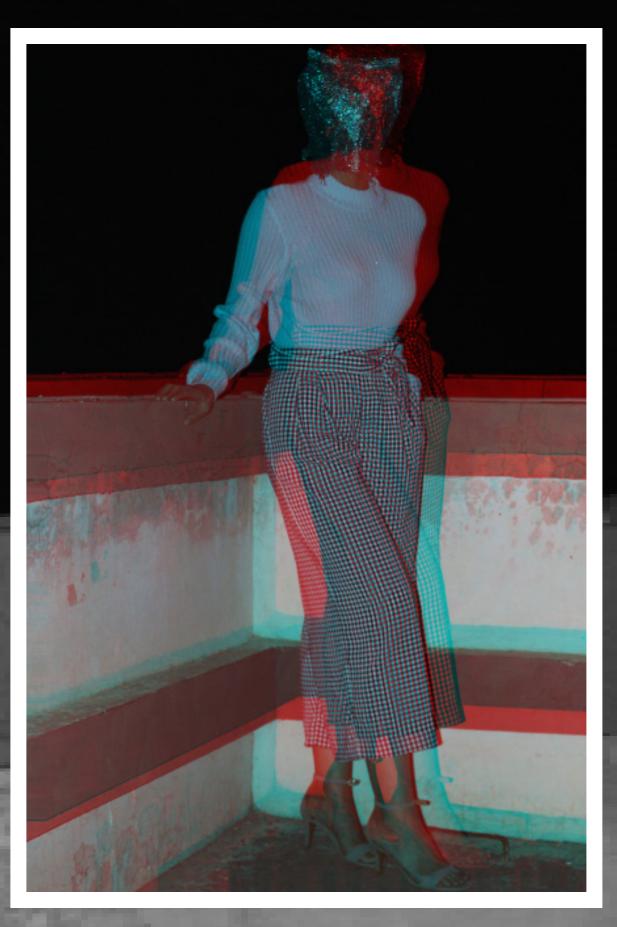




Anjali wears a green crew neck ribbed jumper by **Zara**, floral printed high waisted shorts by **Zara**, red bowed shoes by **Forever New**.



Anjali wears crossback fit and flare dress in red by **H&M**, colourful scarf by **H&M**.



Anjali wears crew neck ribbed jumper in blue by **Zara**, ghigam print culottes in blue and grey strappy heels by **H&M**.

Gender-Roles, much?

- By Abhijit Gohain

The future of dressing is Androgynous.

A society dictated by what the other person might think of us has killed individuality and freedom to be ourselves. A brave few has decided to be true to themselves against all odds. Kupu Zhimomi, a fashion student, breaks all that is considered the sacred of dress codes. As he believes a person's outfit is an extension of their personality and individuality. Androgynous dressing is the future, and it is here to stay. He puts it best as 'Being in the 21st century it is gaining acceptance gradually all we can do is be true to ourselves and look forward for that better day.' I couldn't agree more.









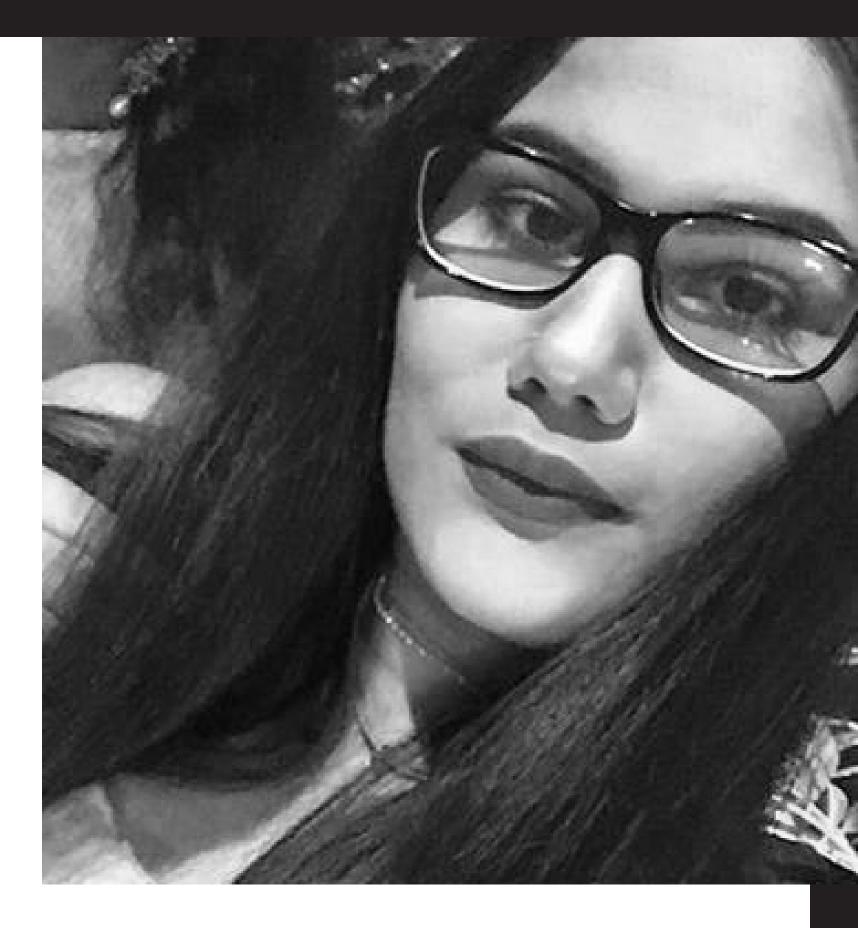


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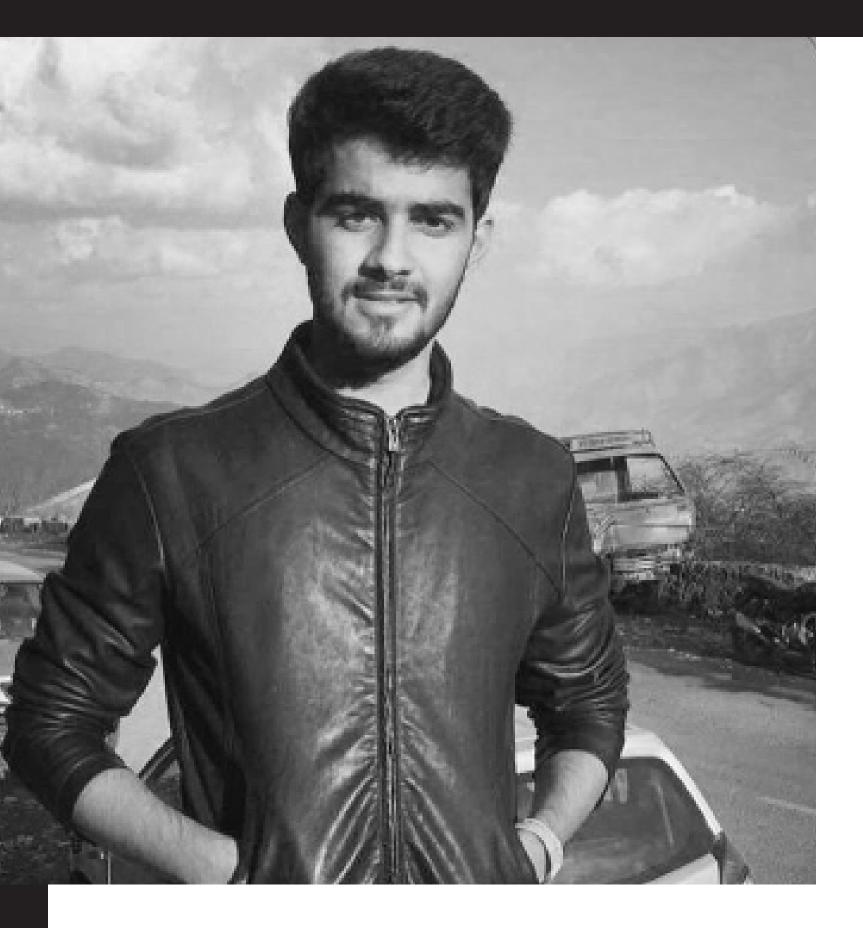
MANISH SHARMA, 19YRS, STUDENT, IHM NEW DELHI

Q. Describe a moment that encompasses your college life. Commuting to and fromy college was really, really far. Q. How often do you face the "WORK OR CHILL" dilemma? I always choose chill, haha, so really never. Q. What is your idea of chilling? Playing PS4/football with friends. Q. How many times in a day do you find yourself saying "FUCK IT"? 70% of the day at least.



ANANYA BHANDARI, 20YRS, STUDENT, G.D.GOENKA

Q. Describe a moment that encompasses your college life. Arriving late to class.
Q. How often do you face the "WORK OR CHILL" dilemma? It haunts me during ever minute of every day. Q. What is your idea of chilling? Watching "FRIENDS" in bed. Q. How many times in a day do you find yourself saying "FUCK IT"? Almost every second, I might even say it right now.



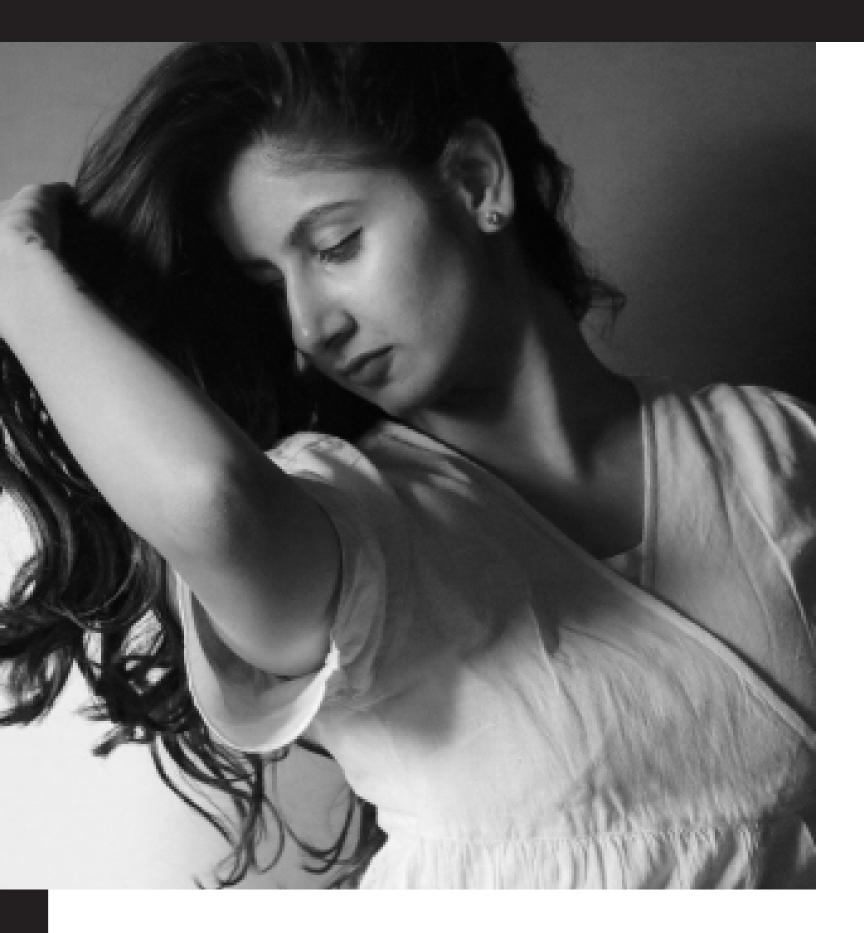
HARSH Y. VARDHAN, 20YRS, STUDENT, DELHI UNIVERSITY

Q. Describe a moment that encompasses your college life. Lunching at the college cafeteria. Q. How often do you face the "WORK OR CHILL" dilemma? Oh, I'm very particular about my work, I can chill only after my work is done. Q. What is your idea of chilling? Long drives at night with good music. Q. How many times in a day do you find yourself saying "FUCK IT"? I'm rarely indifferent enough to arrive at it, almost never.



MEGDA BHARADWAJ, 22YRS, STUDENT, SRISHTI COLLEGE OF ARTS

Q. Describe a moment that encompasses your college life. Deciding whether to wake up early or go to college looking like a wanderer. Q. How often do you face the "WORK OR CHILL" dilemma? I procrastinate till the last minute. Q. What is your idea of chilling? Sleeping in. Q. How many times in a day do you find yourself saying "FUCK IT"? I think 50% of the day.



AASTHA SARIN, 21 YRS, STUDENT, CHRIST UNIVERSITY

Q. Describe a moment that encompasses your college life. Wearing Indian suits to class everyday. Q. How often do you face the "WORK OR CHILL" dilemma? All day everyday. Q. What is your idea of chilling? Dancing. Q. How many times in a day do you find yourself saying "FUCK IT"? I almost never reach that state of mind.



FERNWEH

- By Abhijit Gohain

Travelling without an intent of arriving.

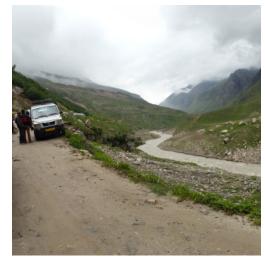


I often find myself travelling to the mountains seeking seclusion, as the mountains have an ability. The ability to make me feel small, and bellite all my problems. All the deadlines, bills and bad vibes are overshadowed by the monstrous, jagged and snow-capped peaks. When the noise of notification ping has died down, and the display says 'no network.' It is only then I truly let go of my bad vibes and fear of missing out. Fear, of not "sharing" my quaint moment of solitude. There I am devoid of any worries, there I am at peace. There I found solace in solitude.

The urge to drop out and disconnect has always been strong with me. As a kid growing up with almost no social media platforms and internet to eat up my free time till my late teens, I consider myself lucky. Being born in Assam of Northeastern India fostered my love for the mountains at an early age. Summer holidays meant more time for my mountain tryst. Also, being blessed with spontaneous travel-loving parents was a cherry on top. I learnt to differentiate between trees way before I learnt to differentiate iPhones, camping before glamping, learnt to wander before it was 'wanderlust', and weekends were spent amidst tea garden breathing in the petrichor rather than recycled air at cafes in malls.

Solo travelling wasn't prevalent amidst common Indian traveler back when I started in 2010. My first solo trip to an unknown city with no Google Maps or smartphone to help, was unnerving to say the least. As I moved out of my comfort zone, I realise I'm capable of much more than I previously I thought of myself. Solo trips instill confidence and independence, you never knew possible. The thrill of being an anonymous person alone in an unknown city, with endless possibilities of meeting new people, learning about the culture and their food, got me hooked. Thus began my unending love affair with solo travel.

Once bitten by the travel bug. The yearning for solo trips is like an itch that doesn't go away, and needs scratching from time to time. Years later, in the July of 2017, I finally made my long-awaited "solo trip" to the Himalayas after ages of planning and canceling. Spiti Valley for me was the 'Goa trip that gets canceled every damn time,' up until now. The naysayers warned me about the all dangers of travelling alone, let alone backpacking in the far-less explored regions of Himalayas. But for the first time, in a long time I decided to just pack and go, like I used to. With only the hostel at Spiti booked and future uncertain, I left Delhi on the last bus to the mountains.

















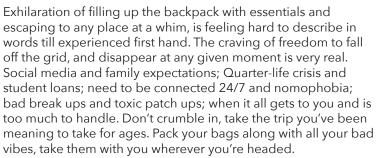




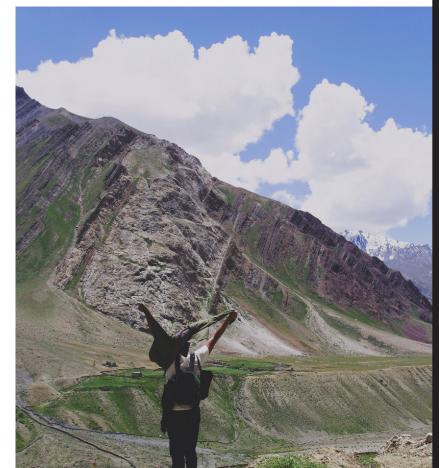
Saying this trip was eventful can't even begin to describe it. Sharing the thrill of travelling in a public transport meandering through the windswept mountainous region with commuters, travellers and drifters alike. The expert driver steered clear of massive landslides, narrowly escaped and but got stuck in it for hours on end. A taste, of what Spiti had to offer for the next few weeks.

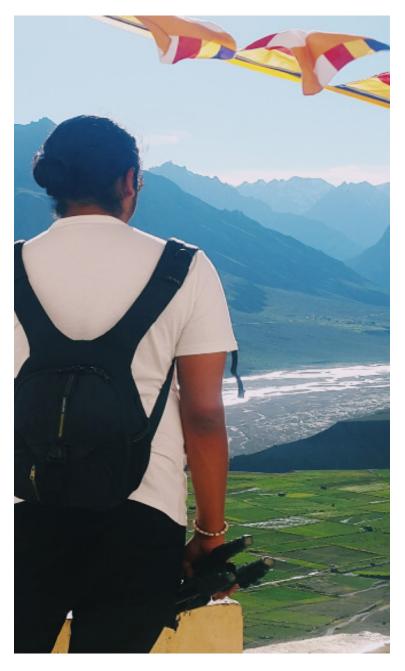
I found solace in the small quarters of Key Monastery; shared rooms, payers and meals with monks and travellers in like manner. Nights were spent stargazing endlessly, watching galaxy traverse across the night sky from one mountain-side to the other, had the heartiest of conversation with stranger huddled around bonfire. Time not being a constraint, solo hikes, bike rides and hitchhikes behind pickup trucks were my way of getting around. Blissful homestays at Mudh, one of the most isolated villages in the world without any cell phone network and abundant glaciers. I "relearnt" how to let go of things I have no control over, how worrying less helps, and more importantly how going out of my comfort zone helped me gain new perspectives in life. I was carefree again.



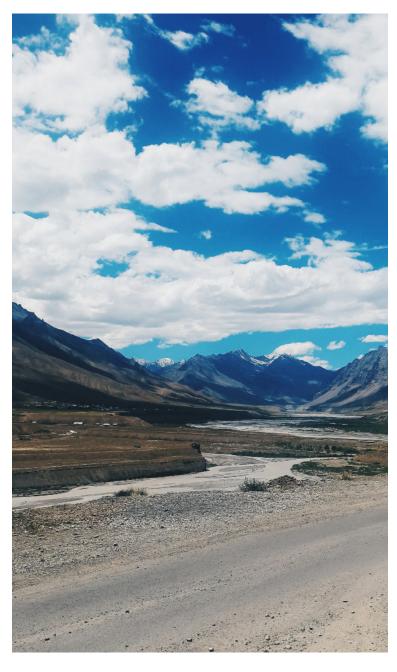


















"To make marijuana against the law is like saying god made a mistake"
- Bob Marley

FORBIDDEN HIGH

- By Vishakha Singh

The resurgence of Mary Jane is at an unstoppable speed, meanwhile India awaits the legalization of the happy drug that finds its roots deep within its culture.

With 125 million people consuming marijuana every year, it is only logical to say that the drug is finding its way back to the present. The drug which is extracted out of the cannabis plant has various forms to it, each of which are taken from different parts of the same plant namely the stem, leaves and the flowers. The substance obtained from stem is often referred to ganja/ charas whereas the leaves residue is known as hashish. The drug goes way back in the history of Indian culture as Lord Shiva was said to be its avid consumer. Even during the auspicious celebration of the Hindu festival, holi, the drug in its bhaang form has been consumed decade after decade widely throughout India.

In India, marijuana is at its peak of consumption, from teenagers, college going students to the working class, everybody is hooked on to it. Pranita Sharma, a 24-year-old lawyer and a regular consumer, talks about the ecstasy like high of the drug and its current hype. When asked about the growing use of drugs in college and what made her try it, she said that its just not marijuana, a lot of drugs are in the market now. Students in college are growing more interested in these things as it has become readily available today and the fact that its cheaper than cigarettes while being less harmful is a reason enough. Worli village in Mumbai to Subhash nagar of New Delhi, the black market of marijuana is spread across in almost all the metropolitan cities of India. "If you search on google for the markets locations, it will list down complete addresses with their numbers, the cops are very well aware of these localities but they do not interfere in the business" says Pranita. While this may sound shocking but even during the festival of holi, the cops turn a blind eye the open selling of bhaang tablets. It was only in 1986 under narcotics law when our former PM Jawaharlal Nehru, following the footsteps of USA, banned the production, consumption and transportation of the drug. 24 years later, marijuana despite its illegalisation is heavily consumed through the medium of black markets. Himachal Pradesh and Tamil Nadu solely produce 60,000 kgs of hashish and

40,000 kgs of opium each year out of which the government manages to seize only 500 kgs.

The growing black-market forces the farmers to sell the plant at dirt cheap prices to the dealers, who then mix it with various chemicals like afeem and Meftal Spas tablets in order to boost the high of the drug. While, the marijuana sold locally in urban cities is heavily spiked, one can find the unaltered harvest in the remote areas of India. The best quality is found in the scenic villages of Himachal Pradesh, namely Malana, Spiti valley, Kasol and Parvati valley, these places have cafes solely dedicated to marijuana, the substance is a key contributor to the tourism of the state, attracting young tourists all year round.

According to Sharma, her addiction to marijuana is the result of exam pressure and fear."For a long time I wasn't good at studies and that shook my confidence, I used to travel back and forth from Pune to Mumbai during exams due to my panic attacks, but after I was introduced to marajuana, i didn't find the need to" said Pranita. The calming effect of mary jane is no unknown fact, it has been proven by Health line organisations research, to calm anxiety and it also slows the progress of Alzheimer disease. A research shows that though the drug if consumed over a long time period may have certain side effects, but it still has an addiction rate of merely 9% in comparison to Tobacco, 32% and Alcohol, 15%. On the positive side, the drug has been proven to reduce anxiety and spur creativity. Unlike other substances, it is virtually impossible to overdose on Mary Jane, a research shows that one needs to smoke at least 15,000 joints in a span of 20 minutes for it to get toxic.

As America has finally legalised weed in a number of its states, it clearly is time for the indian marijuana laws to be up to date. While legalizing a culturally accepted substance will not only help the quality of the drug sold in the market today but it will also provide social economic benefit to the country as it is one of the largest producer of the drug.

20 MINUTES INTO NETFLIX AND CHILL.

- By Shirin Rajput

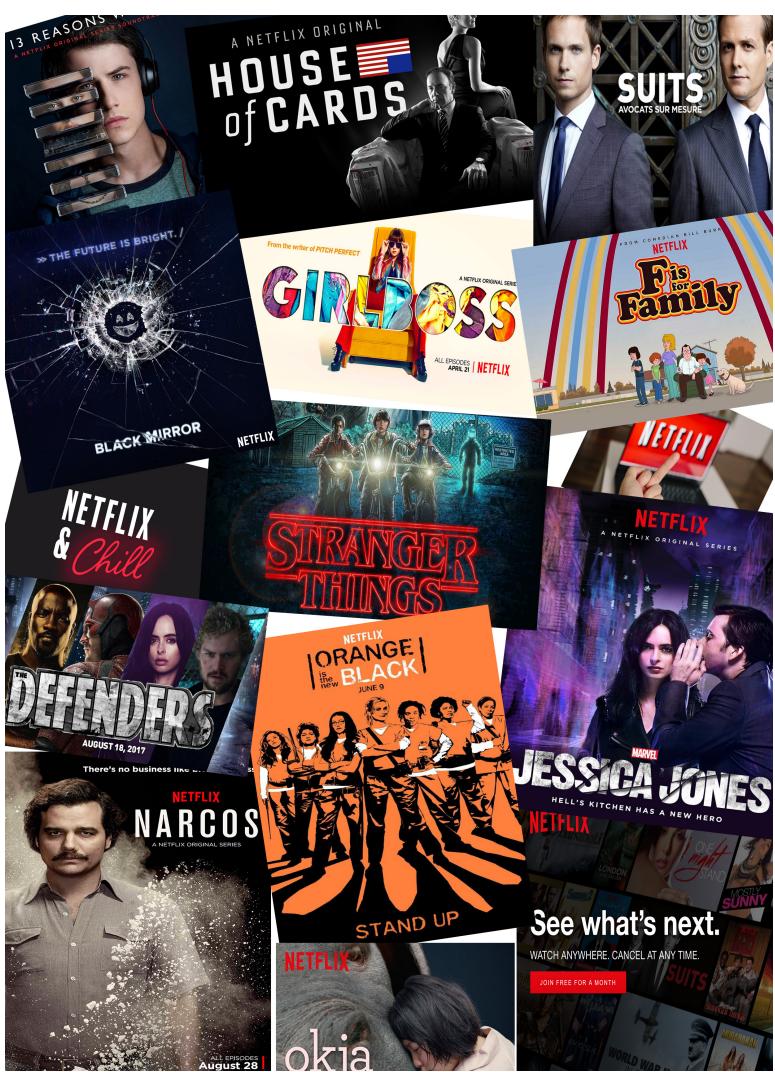
The youth is into Netflix, here are some of the teens - Gatha Dhingra 20 from Pearl Academy Delhi, Sahil Hustu, 21, student from University of Petroleum and Energy Studies, Dehradun and Varun Kumar, 20, student from expressing themselves through this platform.

Q-Which type do you watch more of on Netflix and why? Tv shows/ movies?

Gatha- I mostly watch shows such as Stranger things , Dynasty etc which can be classified under drama, thriller and also sci-fi. Drama and thriller keep me interested with the thought "what next".

Sahil- I am quiet an enthusiast of TV series and netflix is my favourite spot to watch all my TV series. I mostly prefer mysterious and thriller TV shows but I do have a wide taste that include series like mr.robot. I guess the suspense in these tv series is what attracts me the most towards it.

Varun- I watch more of TV series on Netflix. I like more of thriller and crime. Just like Dexter, it take you through the life of a serial killer. I think the suspense makes me crazy and that is what I like about Netflix.







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more of thriller and crime. Just like Dexter, it take you through the life of a serial killer. I think the suspense makes me crazy and that is what I like about Netflix.

Q. What do you feel about the slang 'Netflix and chill'? Is it relatable?

Gatha- Yes a bit, I suppose it's a very common thing nowadays as almost every person of my age uses it.

Sahil- Netflix and chill is quiet a frequently used slang nowadays. When are we netflixing and chilling together?

Varun- The term Netflix and chill for me probably means comfortably sitting and watching your favourite shows for long hours so ya its relatable.

Q- What do you do if not Netflix and chill?

Gatha- If not Netflix and Chill then I listen some songs. My phone is the second important thing after Netflix. I don't know, I just prefer Netflix over everything.

Sahil- I probably indulge in watching a movie if not netflix.

Varun- For me, there is no other option if not Netflix and chlll. I am a person who is loyal to such things. Movies, TV series, shows, all these are part of my life.

Q. How do you associate with netflix?

Gatha- It is a part of me. Whenever I start a new





web series which is mostly about suspense, my mind works according to the current episode. Netflix has given me a direction to observe things in the outer world.

Sahil- I guess I found Netflix from a friend of mine when he introduced me to a new webseries which was only available on Netflix.

Varun- Netflix is about my space which keeps my mind on a right track. Or in other words, If I'm not feeling myself or I'm disturbed because of the ups and downs in my life, Netflix keeps me engaded.

Q. What is the reason behind you watching Netflix more and Youtube less?

Gatha- YouTube doesn't really have a lot of options to watch and on the other hand, Netflix has everything that I always wanted.

Sahil- I do agree that YouTube consumes alot of my time but I prefer using Netflix more as its quiet easy to seach your favourite tv shows where as YouTube enables everyone to upload content which at times leads to waste of my time.

Varun- I watch Netflix because the tv shows or movies I want to watch are easily available on it unlike YouTube.

Q. More teens watch Youtube than cable TV, though Netflix rules the day. Do you agree?

Gatha- The content we get to see on cable TV

doesn't appeal to the younger generations as much as Netflix. I am on Netflix for at least four hours on daily basis. So basically I live on Neflix

Sahil- I guess cable TV has not been able to keep up with the changing generation and the content they like and moreover tv series are what everyone like now and I mostly spend 3-4 hours.

Varun- I'm not sure on this one I think Netflix is preferred more because you get everything you want to watch on a single site. I'm obsessed.

Q. How true has this Netflix and chill been?

Gatha- I think everyone can relate to this situation well. The Youth is more inclined towards Netflix and chill and we all know why.

Sahil- From my experiences I guess I can relate too the fact Netflix and chill quiet alot as I find Netflix dates the best to chill and have fun.

Varun- All the teens are either Netflix and chilling or partying these days.

Q. With whom do you prefer watching Netflix and chilling?

Gatha- I prefer watching it alone, No distractions needed.

Sahil- I mostly prefer watching it alone.

Varun- Alone or maybe with a friend of mine.







Enjoy

ay's Ini





SWIMMING POOL FULL OF LIQUOR THEN WE DIVE IN IT

Living most of our lives in a drunken haze, it has become a thing among us 20-something-year-olds to be wild out when we go out. The concept of getting wasted, and more recently, getting high is as widespread as social media is in the present day. Be it a casual hangout or a grand celebration, there's always room for booze, cigs and doobies. Mad drunk is an in-demand state of being - we want it, we be it.

Being a 20-something-year-old myself, I can confirm the fact that passing out has definitely become a thing that a significant chunk of the millennials enjoy when they're having a party. It's bragged about, it's shared on online posts and it's widely popular. We're the youth, the mess and the complications that is real life has recently been introduced to us. And yes, we already want to take a break from it. "It gets crazy hectic and you get all caught up in busy schedules. Sometimes you need to get away from all the bullsh*t in life, you know, the stress and the race of it all. At least, that is why I like to get drunk when I'm out with friends." says Yash Shaurya, studying Management from Delhi University. "I'd have to say that I think it's true that most of us like to get drunk when they party. All of my friends drink and get drunk. If the alcohol isn't available then we pregame" says Shaurya when asked about drinking as an essential $\,$ during millennial party scenes.

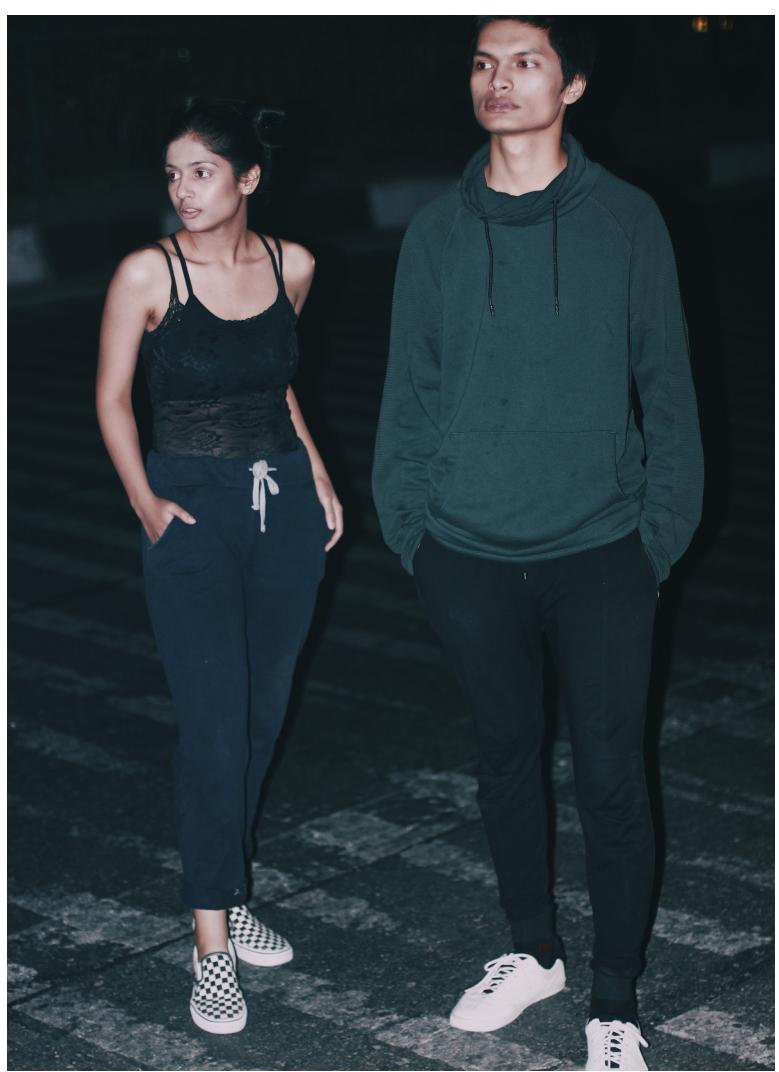
Misinterpreted for substance abuse, this reckless behaviour is not always as detrimental as it is perceived to be. "To be honest, I like getting drunk when I'm out with my friends. It's fun when you let loose and go crazy. But let me also tell you that this does not happen often and me wanting to pass out is

extremely rare." says Mayank Sharma, who is currently studying law in Amity University, Noida. "The only time I've ever phased out is when I'm with my best friends because I know they'll handle me." Sharma doesn't agree with the linking of this attitude with possibilities of substance abuse. "This isn't substance abuse because the number of times I drink is quite rare.", he says, "Neither is this me wanting to show off about how I party. I'm a very private person, I don't drink regularly and whenever I do it, I do it with my closest friends, only because these crazy moments are some of the best memories I have." Yamini Sanjeev, studying English in Delhi University seems to have a similar point of view when asked about getting faded at nightouts with friends. "I can see why this concept is misinterpreted for substance abuse. In some cases, it is substance abuse, but more often than not, it's a bunch of young adults wanted to have a good time! For me, personally, it isn't even remotely close to addiction because, quite frankly, I'm terrified of being in that state. Not that I don't drink - I do drink to have fun, but I make sure that I'm in my safe zone. I don't know about how much social media promotes substance abuse because in my case, it has literally done the opposite, and I know I'm not the only one."

There is no doubt that passing out at house parties is how the millennial party scene will be characterised as. And yes, reports might reveal that this behaviour hints strongly towards increased substance abuse. But there's a yin to every yan, and there exist extremely self-aware individuals who might love to crack open a cold one with the boys, but also know when to put down the glass.







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